

Informed Disclosure for Midwifery Care



Client's Name, Address and Telephone Number

I, _____, verify that the following Informed Consent to Midwifery Treatment ("Informed Consent") has been read to me in a language which I understand, that I understand each section of the Informed Consent, and that any questions I had have been answered by the direct-entry midwife ("Midwife").

Client's Initials

_____ **1. I understand that the educational background and training of the Midwife is as follows:**

- _____ holds the credential of Certified Professional Midwife through the Portfolio Evaluation Process ("PEP") as directed by the North American Registry of Midwives ("NARM"). This credential fulfills the requirements of the State of Colorado for practice.
- _____ earned her Bachelors of Science in Nursing ("BSN") from Harding University in 2009. Since then she has held registered nurse ("RN") licenses in Arkansas, Tennessee, Texas and Colorado. Her license to practice nursing is a separate entity from her license to practice midwifery.
- _____ attended hospital births as a labor & delivery nurse from 2010-2015. She has attended births in out of hospital environments in various roles since 2013. _____ completed a midwifery internship with Midwife International in 2013 in Atiak Uganda, Phnom Penh Cambodia and Ciudad Vieja Guatemala. She completed a home birth apprenticeship with _____ from 2016-2018 in Denver CO and the surrounding area. This education included courses in anatomy

and physiology, conception and pregnancy, nutrition for the childbearing year and infant feeding, psychosocial and emotional changes during pregnancy, labor and birth, emergency care and treatment for mother and infant, obstetrical tests and procedures during labor, delivery and postpartum, cesarean birth and vaginal birth after cesarean, the newborn infant, traditional and non-traditional maternity and women's health care, parenting and pathology. Throughout that time [REDACTED] also served as a doula and a birth assistant to various home birth midwives in Denver.

- [REDACTED] is certified in adult, child and infant cardio-pulmonary resuscitation ("CPR") and stays current as a neonatal resuscitation provider ("NRP").

2. I understand that the nature and scope of the care that I will receive is as follows:

- Prenatal care once every four weeks beginning in the first trimester to 28 weeks
Lab work at initial visit (unless obtained previously with a different provider)
28 weeks: indirect Coombs testing if indicated, diabetes screening, hemoglobin testing
- Every two weeks until 36 weeks
Lab work: hemoglobin testing and GBS screening
Home visit: to ensure household is prepared for home birth and supplies are ready
- Once a week beginning at 36 weeks
Discuss emergency plan and adjust if necessary
- At the initial visit for care or subsequently the midwife will do the following:
Obtain a medical, obstetric, family and nutritional history
Determine the estimated date of birth and perform a baseline physical examination
Obtain lab tests that include: blood type, CBC, rubella titre, syphilis, HIV and hepatitis B screening, urinalysis, gonorrhea and/or chlamydia culture if indicated
Discuss home birth, options for birth, risk assessment, and referral procedures
- At each prenatal visit the midwife will do the following:
Vital Signs and weight
Urine dipstick for protein and glucose
Assess for edema, headaches, visual disturbances, dizziness, sharp pains and reflexes
Assess client's nutritional, psychological and emotional status
Assess fundal (uterine) height
Assess fetus for gestational age, position, estimated weight, activity, and listen to fetal heart tones
Provide teaching, resources and referral as appropriate

3. I understand that the available alternatives to Direct-Entry Midwifery care are as follows:

- Medical care by a physician or certified nurse-midwife licensed in the state of Colorado

4. I understand that the risks of home birth are as follows:

- The normal birth process is the same whether the birth takes place in a medical facility or at home. Additional risks arise in a home birth in emergency situations due to the lack of access to immediately available medical personnel, equipment, and medications.

5. I understand that the midwife is NOT covered under a policy of liability insurance for the practice of direct-entry midwifery.

6. I understand that Colorado Law provides that, if I must receive medical care from a health care provider after receiving care from the midwife because of acts or omissions of the midwife, any physician, nurse, pre-hospital emergency personnel and health care institution providing such subsequent care may not legally be sued by me for negligence. In order for me to maintain a lawsuit against a physician, nurse, pre-hospital emergency personnel or health care institution or subsequent medical care, I must prove that the provider engaged in gross negligence or willful and wanton misconduct.

Client's signature

Midwife's signature



Comparing the Midwifery Bridge Certificate, Certified Professional Midwife (CPM) Recertification, and the CPM credential already required by Colorado midwives.

The Midwifery Bridge certificate is simply a bundle of continuing education courses. Midwives are only allowed to apply for the Midwifery Bridge Certificate *after* receiving a Certified Professional Midwife credential; these courses are required above and beyond the education and clinical experience required to sit for the NARM exam and receive the CPM credential. Colorado CPMs are already required to do continuing education to maintain their credential. HB24-1262 makes that continuing education requirement part of Colorado law when CPMs renew their license by demonstrating current CPM certification.

The Midwifery Bridge Certificate ¹	CPM recertification
<p>50 Continuing Education hours over 5 years including:</p> <ul style="list-style-type: none"> ● 15-35 hours in emergency skills in pregnancy, birth, and the immediate postpartum ● 15-35 hours in emergency skills for newborn care ● Up to 20 hours in specific topics relevant to midwifery care <p><i>At least one of the first two categories of courses must be hands-on. Must have been completed in the past 5 years and granted CE accreditation Requires an additional \$200 Bridge Certificate fee in addition to the cost of CE</i></p>	<p>51 Continuing Education hours every three years, including:</p> <ul style="list-style-type: none"> ● Current certification in CPR and NRP² ● A workshop, module, or course on Cultural Awareness (4 CEUs) ● Affirmation of current use of Practice Guidelines, Emergency Care Form, Informed Disclosure (given at initiation of care), and Informed Consent documents (used for shared decision making during care). ● 30 continuing education credit hours in topics such as: <ul style="list-style-type: none"> Breastfeeding Labs & Pharmacology Counseling & Women’s Mental Health Prenatal Complications Complications of Labor & Birth Complications of the Newborn Well Woman Care Professional Issues: Informed Choice, Charting, Ethics, Research, Cultural Competency Skills Practice³ ● 5 hours of peer review

¹More information can be found at <https://narm.org/certification-recertification/mbc/>

² NRP = Neonatal Resuscitation Program. This is NOT required for CNMs who work in hospitals. CEUs: CPR = 4, NRP = 8

³ Any class or course work that is granted accredited CEUs in a health profession related to midwifery, women’s health, or the evaluation and care of the newborn.

**National Certified Professional Midwife (CPM) Credential
What Colorado Midwives Already Have**

Attend Midwifery School/Training⁴ either in a MEAC accredited school or through an apprenticeship program like a “residency”

3 – 5 Years of Didactic Study & Skills Training

Anatomy & Physiology
Physical Exam & Assessment
Normal Prenatal, Labor & Birth
Normal Newborn
Breastfeeding
Labs & Pharmacology
Counseling & Women’s Mental Health
Prenatal Complications
Complications of Labor & Birth
Complications of the Newborn
Well Woman Care
Professional Issues: Informed Choice, Charting, Ethics,
Research, Cultural Competency
Skills Practice

Advance to Clinical Rotations

Attend a minimum 55 births

Clinical hours include prenatal, newborn and postpartum exams and continuity of care, in addition to attending births. Proof of competency in over 150 clinical skills is required for application to sit for the NARM exam.

*This is the only midwifery pathway that **requires** clinical experience in out-of-hospital settings.*

Sit for the National Board Exam

The National Commission on Certifying Agencies (NCCA) has accredited over 180 credentials
Including nurse-midwives
nurse anesthetists
nurse practitioners
critical care nurses

It has accredited the standardized examination system leading to the credential “Certified Professional Midwife” (CPM)

The 8 hour exam is the final step in the credentialing process

It has been deemed psychometrically sound and legally defensible.

CPM credential recertification every 3 years

⁴ Recognized by the U.S. Department of Education as a national accrediting agency for direct-entry midwifery education, the Midwifery Education Accreditation Council accredits eight programs across the country. Most have a distance option that allows students to combine local clinical preceptorships with their didactic studies. Four are degree-granting institutions, and some offer graduate degrees in midwifery.



COLORADO

Department of
Regulatory Agencies

Division of Professions and Occupations

Below are your electronic wallet cards to use as proof of your license. You can also print your license at any time by visiting www.colorado.gov/dora/DPO_Print_License and following the instructions listed.

If you would like a more durable wallet card option, you can order one for a fee by visiting www.nasbastore.org and selecting the "Colorado License Cards" link on the left hand side of the page. If you prefer, you can also contact NASBA by phone at 1-888-925-5237 or by email at nasbastore@nasba.org.

Should you have questions about your credential, or need other information please contact our Customer Service Team at 303-894-7800 or dora_dpo_licensing@state.co.us.

<p style="text-align: center;">Colorado Department of Regulatory Agencies Division of Professions and Occupations</p> <p style="text-align: center;">Office of Direct-Entry Midwifery Registration</p> <p style="text-align: center;">[Redacted]</p> <p style="text-align: center;">Direct Entry Midwife</p> <table style="width: 100%;"> <tr> <td style="width: 50%;">[Redacted] Number</td> <td style="width: 50%;">02/16/2023 Issue Date</td> </tr> <tr> <td>Active Credential Status</td> <td>11/30/2023 Expire Date</td> </tr> </table> <p style="text-align: center;">Verify this credential at: dpo.colorado.gov</p> <p>Acting Division Director: Karen McGovern Credential Holder Signature</p>	[Redacted] Number	02/16/2023 Issue Date	Active Credential Status	11/30/2023 Expire Date	<p style="text-align: center;">Colorado Department of Regulatory Agencies Division of Professions and Occupations</p> <p style="text-align: center;">Office of Direct-Entry Midwifery Registration</p> <p style="text-align: center;">[Redacted]</p> <p style="text-align: center;">Direct Entry Midwife</p> <table style="width: 100%;"> <tr> <td style="width: 50%;">[Redacted] Number</td> <td style="width: 50%;">02/16/2023 Issue Date</td> </tr> <tr> <td>Active Credential Status</td> <td>11/30/2023 Expire Date</td> </tr> </table> <p style="text-align: center;">Verify this credential at: dpo.colorado.gov</p> <p>Acting Division Director: Karen McGovern Credential Holder Signature</p>	[Redacted] Number	02/16/2023 Issue Date	Active Credential Status	11/30/2023 Expire Date
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