

HB18-1177: Multiple Approaches To Help Prevent Youth Suicide

Rep. Michaelson Jenet and Sen. Fenberg, Sen. Coram

Suicide prevention does not happen at the moment of suicidality, it happens long before someone reaches crisis stage. With a multifaceted approach focused on adaptive change, **HB18-1177** brings parents and youth together to stop the potential for suicidality in its tracks and seek an end to youth suicide in Colorado.

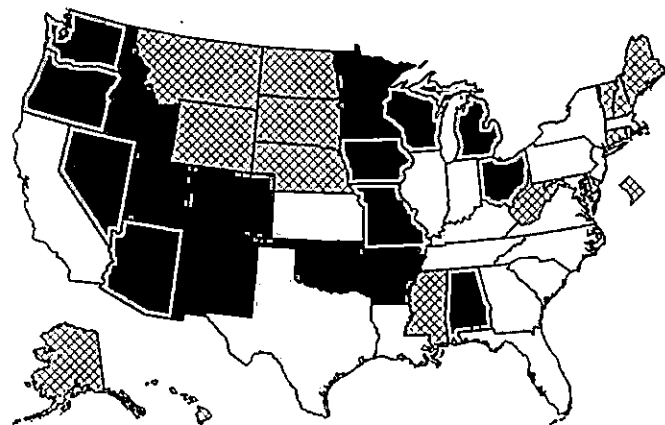
What the bill does:

- Requires the Office of Suicide Prevention in the Department of Public Health and Environment to bring together a statewide network of training programs related to youth suicide prevention for people who work with youth in a variety of capacities, and to approve 3 nonprofit organizations statewide to participate in creating a coordinated program of youth suicide prevention training that will be free to the public.
- Creates a statewide campaign to raise awareness for Colorado's Suicide Prevention Hotline managed by the Department of Public Health and Environment. This public awareness campaign will focus on suicide and youth suicide, emphasizing the hotline's texting option.
- Lowers the age that a minor can access three outpatient psychotherapy (talk therapy) appointments annually without parental consent from 15 years of age to 12 years of age in a school or community based setting.

What the bill does not do:

- HB18-1177 does not take parents out of their children's health care decisions. Family involvement is critical to successfully helping kids in crisis. This is why HB 1177 includes a three appointment limitation on visits without parental consent.
- It does not allow children under 15 years old to receive psychotropic drugs or medication of any kind. HB18-1177 only applies to a youth's access to outpatient psychotherapy, or talk therapy. It does not allow for them to be prescribed medication.
- It does not allow children to receive inpatient mental health services without the consent of the parent.

2008-2014, United States
Death Rates per 100,000 Population
 All Injury, Suicide, All Races, All Ethnicities, Both Sexes, 10-14 Years
 Annualized Crude Rate for United States: 1.48

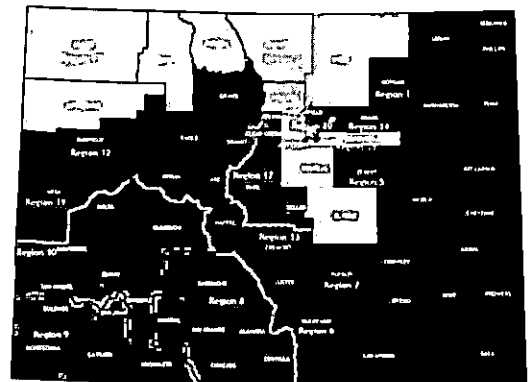


Suppressed/Unstable/Undefined
 1.73-2.24
 0.51-1.23
 2.25-5.25
 1.24-1.72

Reports for All Ages include those of unknown age.
 * Rates based on 20 or fewer deaths may be unstable. States with these rates are cross-hatched in the map (see legend above). Such rates have an asterisk.

Source: CDC WISCARs Report 2014

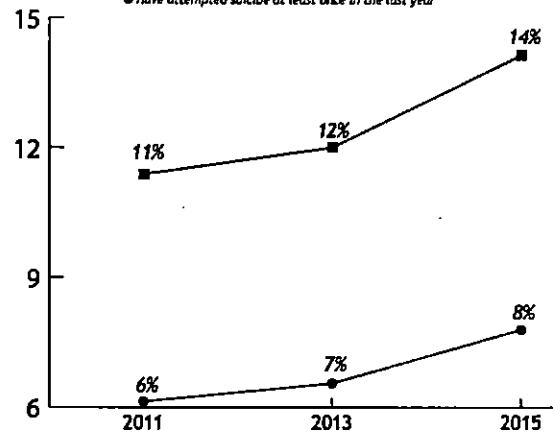
REGIONAL BREAKDOWN
 Of youth who have attempted suicide at least once in the last year.



No Data Available
 6.0 - 6.9%
 7.0 - 7.9%
 8.0 - 9.2%
 9.3 - 11.5%

MENTAL HEALTH TRENDS

Have made a suicide plan at least once in the last year
 Have attempted suicide at least once in the last year



Source: Healthy Kids Colorado Survey, 2015

Suicide is the
10th
 leading cause of death in the US

Each year
44,193
 Americans die by suicide

For every suicide
25
 attempt

Suicide costs the US
\$44 Billion
 annually

Source: American Foundation for Suicide Prevention 2015