

testimony of Meredith Bower, resident of Denver, Colorado,  
in support of HB1077 on 01/23/2019.

I have an autoimmune polyendocrinopathy called Schmidt's Syndrome that includes Hashimoto's hypothyroidism, type 1 diabetes, and Addison's disease (adrenal insufficiency). My body does not produce many of the hormones it needs to live. My existence therefore depends on me taking these hormones orally and by injection. My adrenal insufficiency means my body doesn't produce cortisol, so I swallow between 3-10 10mg hydrocortisone tablets daily to replace my ADL cortisol. I could reasonably expect to die without hydrocortisone within 48-72 hours. ~~at~~ If, for some catastrophic reason I ran out of hydrocortisone, I would want my pharmacist to be able to dispense enough hydrocortisone without a current prescription in order to save my life. Without the medication, I would become hypotensive and require an ER visit, which costs thousands of dollars, compared to my \$10/month hydrocortisone. Patients on life-sustaining chronic maintenance medications should be able to rely on pharmacists to dispense these medications without a current prescription in case of emergency.

Meredith B

1075 N Corona St, Apt 307

Denver, CO 80218

meredith.bower@gmail.com