



ASIAN PACIFIC
DEVELOPMENT CENTER

APDC history

- Founded in 1980 by a group of community leaders who recognized unmet mental health needs of Southeast Asian refugees.
- Our mission is to serve and support all immigrant and refugee communities with a whole health, community-based engagement approach through health, education, and advocacy.
- We serve everybody regardless of their ethnicities, income level, or immigration status.



APDC PROGRAMS SERVICES

Behavioral Health Clinic

- ❖ Individual Therapy/Counseling
- ❖ Psychiatric Evaluation and Medication Management
- ❖ Family Therapy/Couple's Therapy
- ❖ Group Therapy (Elder's Group, Wellness Group, Skills Training Group, Gardening Group, Psychoeducation Group)
- ❖ Case Management
- ❖ Community Outreach
- ❖ Mental Health Education and Prevention
- ❖ Cultural Training
- ❖ Cultural Consultation
- ❖ Culturally and Language Appropriate Treatment for Families Involved with Social Services

APDC PROGRAMS SERVICES (Cont'd)

Adult Education

- ❖ English as a Second Language
- ❖ Citizenship Classes
- ❖ Adult Basic Education
- ❖ Job Readiness
- ❖ Career Choice
- ❖ Computer Skills

APDC Youth Leadership Academy™

- ❖ Tutoring
- ❖ Mentoring
- ❖ Leadership Development
- ❖ After School Program

Colorado Language Connection

- ❖ Interpretation/Translation services
- ❖ Bridging the Gap: Interpreters Training
- ❖ Over 50 Languages Available

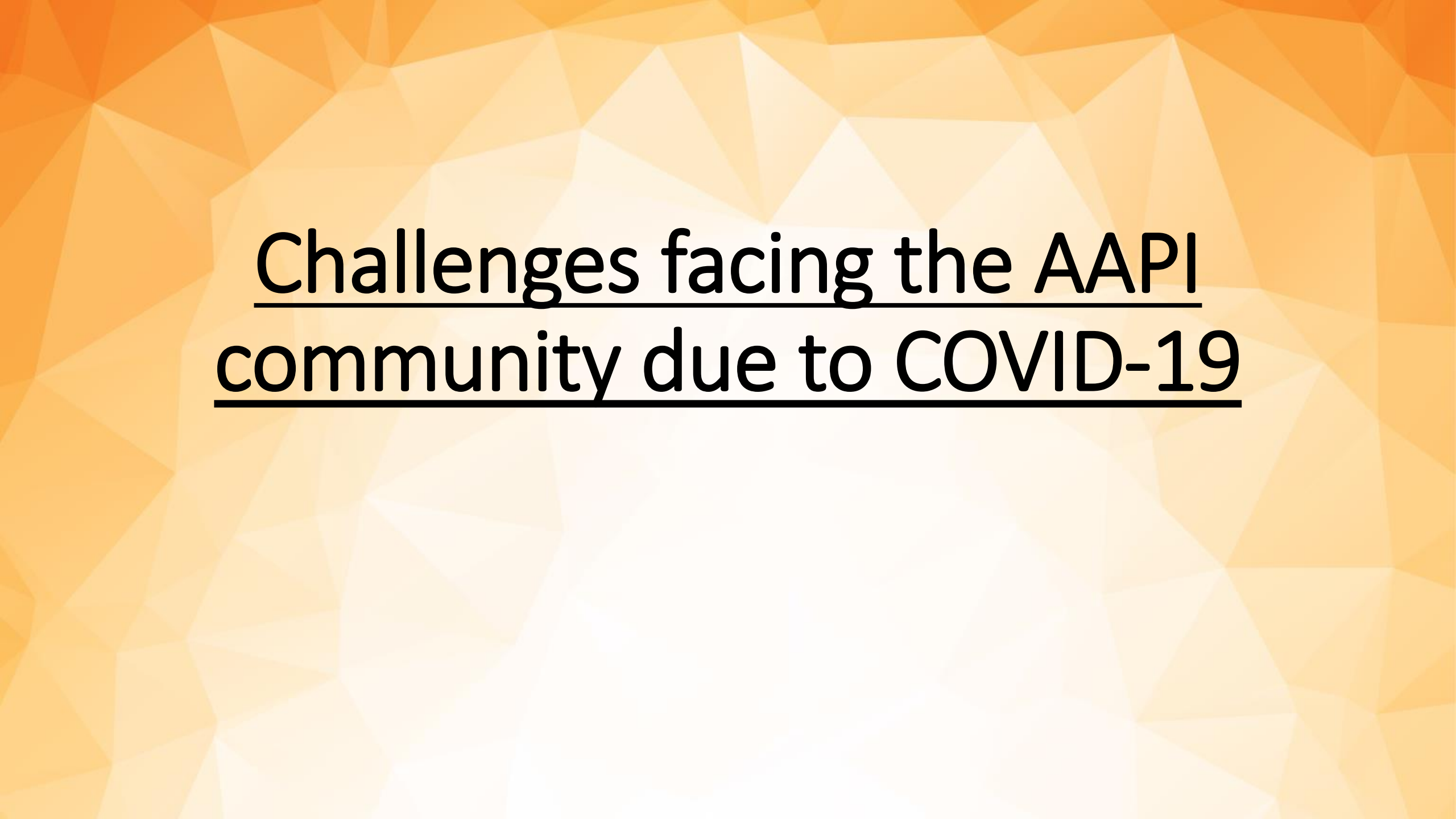
Victim Assistance Program

- ❖ Crisis Counseling
- ❖ Crisis Hotline
- ❖ Criminal Justice Support/Victim Advocacy
- ❖ Emergency Legal Advocacy
- ❖ Case Management
- ❖ File Police Report
- ❖ File Victim Compensation
- ❖ Personal Advocacy
- ❖ Personal Life Consultation
- ❖ Referrals to other agencies

Demographic of AAPI community in Colorado

Data from 2019 American Community Survey – 5 year estimates

- Chinese – 46,436
- Asian Indian – 36,122
- Filipino – 34,030
- Korean – 31,494
- Vietnamese – 31,112
- Japanese – 25,189
- Thai – 7,319
- Nepalese – 5,486
- Laotian – 3,853
- Hmong – 3,829
- Burmese – 3,606
- Cambodian – 3,247
- Indonesian – 2,460
- Pakistani – 2,371
- Mongolian – 1,487
- Bhutanese – 993
- Malaysian - 458
- TOTAL – 252,346 (4% of general population)

The background of the slide is an abstract, low-poly geometric pattern in various shades of orange and yellow, creating a textured, crystalline effect.

Challenges facing the AAPI community due to COVID-19

Services Provided and Challenges

- Remote or in-person services due to COVID-19
 - Culturally it is more acceptable and familiar with building in-person relationships
 - Location of the office was meant to give the community easy access
 - Barriers due language and culture, also the lack of access to technology
 - Lower number of referrals due to the minority myth and also cultural beliefs of “not bothering others and take care of problem ourselves” & “saving face”
- Lack of employment and closed-downs for small business
 - Many community members worked in the food service and labor-intensive industry
 - No options of working remotely
 - Lack of income brings on financial and psychological burden to families

The New Normal

- Continue encouraging community to utilize technology as much as they can
- Meet clients/students in-person when necessary, with proper protection for both staffs and clients/students
- Being aware of staff burnout
- Bringing hope and continue to serve the community

Contact Information

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