Second Regular Session Seventy-fourth General Assembly STATE OF COLORADO

INTRODUCED

LLS NO. R24-0931.02 Jessica Wigent x3701

HJR24-1022

HOUSE SPONSORSHIP

Young and Duran,

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Danielson and Exum,

House Committees

Senate Committees

HOUSE JOINT RESOLUTION 24-1022

101	CONCERNING RECOGNIZING THE FIRST FULL WEEK OF APRIL 2024 AS
102	"DIRECT CARE WORKER APPRECIATION WEEK", AND, IN
103	CONNECTION THEREWITH, RECOGNIZING THE FIRST FULL WEEK
104	OF EVERY APRIL THEREAFTER AS "DIRECT CARE WORKER
105	Appreciation Week".

1 WHEREAS, More than 70,000 older Coloradans and Coloradans 2 with disabilities currently receive long-term care services and supports in 3 group homes, assisted living residences, and nursing homes and in the 4 comfort of their own homes; this care is often provided by direct care 5 workers; and

6 WHEREAS, Direct care workers are professional nursing aides,
7 home health aides, personal care aides, and companions who provide a

wide range of services to their clients who are aging and disabled, and
who may have complex medical needs, by assisting with vital daily tasks
such as:

- Helping clients dress and bathe, prepare meals, and perform exercises to keep up their mobility;
 - Ensuring their clients' well-being and safety;

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- Accompanying clients to school and work and religious and recreational activities; and
- Monitoring a client's conditions and behaviors, which provides critical information for other health-care workers who serve the client; and

WHEREAS, The need to recognize, retain, and recruit direct care workers is critical; in just 10 years, 18% of Coloradans will be 65 years of age or older, and while many report they would prefer to age in place in their homes, 20% of older adults have a physical difficulty and 12.5% report challenges to living independently; many of these Coloradans will depend on the professional care of direct care workers; and

18 WHEREAS, There is currently a worrisome shortage of these workers in the field, in Colorado and the nation; our state is predicted to 19 20 become the third-fastest aging state in the country, with 1.2 million older adults by 2030; but researchers anticipate there will only be 84,000 direct 21 care workers in the field in 2028; this care gap will strain the health-care 22 system, as hospitals will have to delay discharging clients, which can lead 23 to dangerous consequences, like reducing the mobility of clients and 24 exposing them to infection; and 25

26 WHEREAS, The professional care provided by direct care workers fills many needs; in Colorado, one in three older adults lives alone; these 27 28 seniors can experience chronic loneliness and feelings of isolation, which 29 may exacerbate existing health conditions and can lead to depression, 30 cognitive decline, and even a weakened immune system; direct care 31 workers are an integral part of the solution to alleviate loneliness, as they 32 often provide companionship, which is an essential part of a healthy and fulfilling life; and 33

WHEREAS, The state of Colorado greatly benefits from the personal commitments made by direct care workers; this was especially on display during the height of the COVID-19 pandemic, as direct care workers stepped up and provided care while facing personal risks on the front line; these workers saved lives and sustained communities; and 1 WHEREAS, Direct care workers must build trusting relationships 2 with their clients; studies often find that the number one reason people 3 become direct care workers is their commitment to the clients they serve; 4 while the work can be deeply gratifying, there is more we can do to 5 support these professionals; and

6 WHEREAS, Despite the incredibly important job they do, with its
7 unique social, emotional, and physical demands, Colorado's direct care
8 workers face low wages and limited benefits; and

WHEREAS, Most of Colorado's direct care workers are women,
and 44% of direct care workers identify as nonwhite; despite the increase
in the base wage in 2022, 37% of direct care workers in Colorado earn at
or below 200% of the federal poverty level, which is \$55,000 annually for
a family of four; and

14 WHEREAS, Direct care workers struggle to afford rent and to pay for child care and for maintenance on their vehicles, which is critical, as 15 the position often requires them to travel from home to home, working 16 long hours and driving many miles to visit clients in rural areas, which are 17 often care deserts; in addition, direct care workers have some of the 18 19 highest occupational injury rates in the country, and they face ergonomic hazards and risk injury when lifting clients and interacting with protective 20 pets; all of this leads to burnout and makes it harder to recruit and retain 21 the number of workers needed to meet the number of Coloradans who 22 23 need care; and

24 WHEREAS, More can be done to reduce the financial hardships 25 and increase the financial security and safety of direct care workers; research indicates that when direct care workers are paid more, when they 26 27 feel sufficiently supported and valued, they stay in their positions longer; 28 many direct care workers lack access to a career pathway or advanced 29 training opportunities; by offering more training, so that workers can 30 expand their competencies and expertise in the field, fewer workers will 31 be injured, turnover will decline, and job satisfaction and retention will 32 increase; and

WHEREAS, The level of support for direct care workers, from
wages to training to career advancement, must be commensurate with the
highly demanding and crucial nature of their work; and

36 WHEREAS, Colorado recognizes the importance in investing in

1 direct care workers; in 2022, the state established a base wage of \$15 per

- 2 hour for direct care workers who work with individuals on Medicaid,
- 3 which was recently raised to \$15.75 per hour; and
- WHEREAS, In rural and western Colorado, direct care workers
 are joining apprenticeship programs funded by federal grants that provide
 education and on-the-job training in areas such as dementia care,
 behavioral health, and medication management; and
- 8 WHEREAS, Another important way Colorado is working to 9 support direct care workers is through the Direct Care Workforce 10 Collaborative, a Colorado stakeholder-led initiative supported by the 11 department of health care policy and financing to reinforce the 12 importance of the direct care workforce in three areas:
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- To grow awareness of the value and essential contribution of the direct care workforce across the health-care continuum:
- To support increased training and professional career advancement opportunities for direct care workers; and
 - To support increased compensation and benefits for direct care workers; and
- WHEREAS, Additionally, in 2023, with the passage of Senate Bill
 23-261, the General Assembly created the Direct Care Workforce
 Stabilization Board (Board) in the department of labor and employment;
 the Board is tasked with developing recommendations on:
 - Standards for compensation, working hours, and working conditions;
 - How the state can better communicate information to direct care workers about their rights;
 - Combating the challenges faced by direct care employers; and
 - Investigating the impacts of racial and economic injustices on direct care workers and the clients to whom they provide services; and
- WHEREAS, Leaders in the public and private sectors must continue to create policies that promote affordable, high-quality, professional care for older Coloradans and Coloradans with disabilities while also ensuring fair wages for the workers who care for them; and
- 37 WHEREAS, Direct care workers do so much for their clients; they

provide company during extraordinarily challenging times, like during the
 COVID-19 pandemic; they enhance the lives of their clients and support
 their personal health and independence; and they care for many until their
 very last breath, when even then their work continues, as they provide
 comfort and solace to their clients' families; now, therefore,

6 Be It Resolved by the House of Representatives of the 7 Seventy-fourth General Assembly of the State of Colorado, the Senate 8 concurring herein:

9 That we, the members of the Colorado General Assembly, 10 proclaim the first full week of April 2024 and the first full week of April 11 each year thereafter as "Direct Care Worker Appreciation Week", with 12 the goals of:

- 13 1. Appreciating the work of direct care workers in Colorado; and
- 14 2. Recognizing these workers' commitment, compassion,
 15 competency, and dedication as an important asset to the state of Colorado.
- 16 *Be It Further Resolved,* That a copy of this Joint Resolution be 17 sent to the Direct Care Workforce Collaborative.