First Regular Session Seventy-second General Assembly STATE OF COLORADO

PREAMENDED

This Unofficial Version Includes Committee Amendments Not Yet Adopted on Second Reading

LLS NO. 19-0071.01 Shelby Ross x4510

HOUSE BILL 19-1120

HOUSE SPONSORSHIP

Michaelson Jenet and Roberts,

SENATE SPONSORSHIP

Fenberg and Coram,

House Committees

Senate Committees

Public Health Care & Human Services Appropriations

A BILL FOR AN ACT

101 CONCERNING MULTIPLE APPROACHES TO PREVENT YOUTH SUICIDE.

Bill Summary

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at http://leg.colorado.gov.)

The bill allows a minor 12 years of age or older to seek and obtain psychotherapy services with or without the consent of the minor's parent or guardian. A registered psychotherapist or licensed social worker providing psychotherapy services to a minor may, with the consent of the minor, advise the minor's parent or legal guardian of the psychotherapy services provided.

The bill requires the department of education, in consultation with the office of suicide prevention (office), the youth advisory council, and the suicide prevention commission, to create and maintain a mental health education literacy resource bank. The resource bank is available to the public free of charge.

The bill requires the state board of education to adopt standards related to mental health, including suicide prevention.

Be it enacted by the General Assembly of the State of Colorado:

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2 **SECTION 1. Legislative declaration.** (1) The general assembly 3 finds that: 4 (a) The federal centers for disease control and prevention found 5 suicide to be the tenth leading cause of death for all ages in 2017 and is 6 currently the leading cause of death for Colorado youth who are ten 7 through fourteen years of age; 8 (b) According to the Colorado Health Institute, Colorado has the 9 tenth highest suicide rate in the nation, and rates of suicide in the eastern 10 plains of Colorado doubled from 2016 to 2017; 11 According to the national institute of mental health, (c) 12 approximately twenty-one-point-four percent of youth who are eight 13 through fifteen years of age experience a severe mental health disorder; 14 (d) According to the American Association of Suicidology, the 15 suicide rate for youth who are ten through fourteen years of age has 16 increased by more than fifty percent over the past three decades; and 17 (e) Youth who are ten through fourteen years of age often avoid 18 obtaining, or are legally unable to obtain without parental consent, 19 outpatient psychotherapy services that would help them prior to reaching 20 crisis levels because they are embarrassed or concerned about speaking 21 with their parent or legal guardian about their mental health concerns and 22 situations. 23 (2) The general assembly therefore declares that it is a matter of

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I	statewide concern to allow youth who are twelve years of age or older to
2	have legal access to outpatient psychotherapy services that might
3	otherwise be unavailable without the consent of or notification to the
4	youth's parent or legal guardian. Providing these youth with access to
5	outpatient psychotherapy services is intended to reduce youth suicides and
6	allow registered psychotherapists and licensed social workers to work
7	with youth to teach them functional coping skills. Mental health
8	professionals would have further opportunity to help these youth build
9	healthy connections with parents or legal guardians by increasing
10	communication and strengthening the bond between parent and child,
11	thus building an ongoing nonclinical support system for youth to use to
12	manage their mental health concerns.
13	SECTION 2. In Colorado Revised Statutes, 12-43-201, amend
14	(9)(a) as follows:
15	12-43-201. Definitions. As used in this article 43, unless the
16	context otherwise requires:
17	(9) (a) "Psychotherapy", OR "PSYCHOTHERAPY SERVICES", means
18	the treatment, diagnosis, testing, assessment, or counseling in a
19	professional relationship to assist individuals or groups to alleviate
20	behavioral and mental health disorders; understand unconscious or
21	conscious motivation; resolve emotional, relationship, or attitudinal
22	conflicts; or modify behaviors that interfere with effective emotional,
23	social, or intellectual functioning. Psychotherapy follows a planned
24	procedure of intervention that takes place on a regular basis, over a period
25	of time, or in the cases of testing, assessment, and brief psychotherapy,
26	psychotherapy can be a single intervention.
27	SECTION 3. In Colorado Revised Statutes, add 12-43-202.5 as

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1	follows:
2	12-43-202.5. Minors - consent for outpatient psychotherapy
3	services - immunity - definition. (1) As used in this section, unless
4	THE CONTEXT OTHERWISE REQUIRES, "MENTAL HEALTH PROFESSIONAL"
5	INCLUDES A PROFESSIONAL PERSON AS DEFINED IN SECTION $27-65-102$
6	(17); A MENTAL HEALTH PROFESSIONAL LICENSED PURSUANT TO PART 3 ,
7	4, 5, 6, OR 8 OF THIS ARTICLE 43; OR A SCHOOL SOCIAL WORKER LICENSED
8	BY THE DEPARTMENT OF EDUCATION.
9	(2) NOTWITHSTANDING ANY OTHER PROVISION OF LAW, A MENTAL
10	HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION (1) OF THIS SECTION
11	MAY PROVIDE PSYCHOTHERAPY SERVICES, AS DEFINED IN SECTION
12	12-43-201 (9)(a), TO A MINOR WHO IS TWELVE YEARS OF AGE OR OLDER,
13	WITH OR WITHOUT THE CONSENT OF THE MINOR'S PARENT OR LEGAL
14	GUARDIAN, IF THE MENTAL HEALTH PROFESSIONAL DETERMINES THAT:
15	(a) THE MINOR IS KNOWINGLY AND VOLUNTARILY SEEKING SUCH
16	SERVICES; AND
17	(b) THE PROVISION OF PSYCHOTHERAPY SERVICES IS CLINICALLY
18	INDICATED AND NECESSARY TO THE MINOR'S WELL-BEING.
19	(3) (a) THE MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE
20	MINOR'S PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES
21	GIVEN OR NEEDED, WITH THE MINOR'S CONSENT, OR, WITH THE CONSENT
22	OF THE INDIVIDUAL WHO A COURT HAS ORDERED HOLDS THE MINOR'S
23	THERAPEUTIC PRIVILEGE, UNLESS NOTIFYING THE PARENT OR LEGAL
24	GUARDIAN WOULD BE INAPPROPRIATE OR DETRIMENTAL TO THE MINOR'S
25	CARE AND TREATMENT.
26	(b) THE MENTAL HEALTH PROFESSIONAL SHALL ENGAGE THE
27	MINOR IN A DISCUSSION ABOUT THE IMPORTANCE OF INVOLVING AND

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1	NOTIFYING THE MINOR'S PARENT OR LEGAL GUARDIAN AND SHALL
2	ENCOURAGE SUCH NOTIFICATION TO HELP SUPPORT THE MINOR'S CARE AND
3	TREATMENT.
4	(c) NOTWITHSTANDING THE PROVISIONS OF SUBSECTION (3)(a) OF
5	THIS SECTION, A MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE MINOR'S
6	PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES GIVEN OR
7	NEEDED, WITHOUT THE MINOR'S CONSENT, IF IN THE PROFESSIONAL
8	OPINION OF THE MENTAL HEALTH PROFESSIONAL, THE MINOR IS UNABLE TO
9	MANAGE THE MINOR'S CARE OR TREATMENT.
10	(4) A MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
11	(1) OF THIS SECTION SHALL FULLY DOCUMENT WHEN THE MENTAL HEALTH
12	PROFESSIONAL ATTEMPTS TO CONTACT OR NOTIFY THE MINOR'S PARENT OR
13	LEGAL GUARDIAN, AND WHETHER THE ATTEMPT WAS SUCCESSFUL OR
14	UNSUCCESSFUL, OR THE REASON WHY, IN THE MENTAL HEALTH
15	PROFESSIONAL'S OPINION, IT WOULD BE INAPPROPRIATE TO CONTACT OR
16	NOTIFY THE MINOR'S PARENT OR LEGAL GUARDIAN. DOCUMENTATION
17	MUST BE INCLUDED IN THE MINOR'S CLINICAL RECORD, ALONG WITH A
18	WRITTEN STATEMENT SIGNED BY THE MINOR INDICATING THAT THE MINOR
19	IS VOLUNTARILY SEEKING PSYCHOTHERAPY SERVICES.
20	(5) PSYCHOTHERAPY SERVICES MUST BE PROVIDED IN A
21	CULTURALLY APPROPRIATE MANNER. WRITTEN AND ORAL INSTRUCTION,
22	TRAINING OF PROVIDERS AND STAFF, AND THE OVERALL PROVISION OF
23	SERVICES MUST BE CULTURALLY APPROPRIATE AND PROVIDED IN A
24	MANNER AND FORMAT TO SUPPORT INDIVIDUALS WITH LIMITED ENGLISH
25	PROFICIENCY OR CHALLENGES WITH ACCESSIBILITY RELATED TO A
26	DISABILITY AND WITH RESPECT FOR DIVERSE BACKGROUNDS, INCLUDING
27	INDIVIDUALS WITH DIFFERENT CHI THE ALODIGINS AND INDIVIDUALS WHO

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I	ARE LESBIAN, GAY, BISEXUAL, OR TRANSGENDER.
2	(6) AS USED IN THIS SECTION, PSYCHOTHERAPY SERVICES DO NOT
3	INCLUDE INPATIENT PSYCHOTHERAPY SERVICES. PSYCHOTROPIC
4	MEDICATION MAY NOT BE PRESCRIBED TO A MINOR WHO IS FOURTEEN
5	YEARS OF AGE OR YOUNGER WITHOUT PARENTAL CONSENT.
6	(7) If a minor who is receiving psychotherapy services
7	PURSUANT TO THIS SECTION COMMUNICATES A CLEAR AND IMMINENT
8	INTENT OR THREAT TO INFLICT SERIOUS BODILY HARM ON THEMSELVES OR
9	OTHERS, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
10	(1) OF THIS SECTION IS SUBJECT TO THE NOTIFICATION PROVISIONS OF
11	SECTION 13-21-117 (2).
12	(8) If a minor who is receiving psychotherapy services
13	PURSUANT TO THIS SECTION COMMUNICATES AN INTENT TO COMMIT
14	SUICIDE, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
15	(1) OF THIS SECTION SHALL NOTIFY THE MINOR'S PARENT OR LEGAL
16	GUARDIAN OF SUCH SUICIDOLOGY.
17	SECTION 4. In Colorado Revised Statutes, add 22-2-127.9 as
18	follows:
19	22-2-127.9. Mental health education literacy - resource bank
20	- technical assistance. (1) THE DEPARTMENT, WITH ASSISTANCE FROM
21	THE OFFICE OF SUICIDE PREVENTION CREATED PURSUANT TO SECTION
22	25-1.5-101 (1)(w)(I), THE COLORADO YOUTH ADVISORY COUNCIL
23	CREATED PURSUANT TO SECTION 2-2-1302, AND THE SUICIDE PREVENTION
24	COMMISSION CREATED PURSUANT TO SECTION 25-1.5-111, SHALL CREATE
25	AND MAINTAIN A RESOURCE BANK OF EVIDENCE-BASED, RESEARCH-BASED,
26	AND PROMISING PROGRAM MATERIALS AND CURRICULA PERTAINING TO
27	MENTAL HEALTH, WHICH MATERIALS AND CURRICULA MAY BE USED IN

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1	ELEMENTARY AND SECONDARY SCHOOLS IN THE STATE. THE RESOURCE
2	BANK AND CURRICULA MUST BE YOUTH-FRIENDLY, CULTURALLY
3	SENSITIVE, AND AVAILABLE IN BOTH ENGLISH AND SPANISH. IN CREATING
4	THE RESOURCE BANK AND CURRICULA, THE DEPARTMENT MAY PROVIDE
5	INTERNET LINKS TO RESOURCES AND MATERIALS PERTAINING TO MENTAL
6	HEALTH AVAILABLE FROM OTHER ENTITIES THAT THE DEPARTMENT FINDS
7	RELIABLE. ADDITIONALLY, THE DEPARTMENT SHALL SOLICIT INPUT FROM
8	PERSONS, INCLUDING YOUTH, WITHIN AND OUTSIDE OF THE MENTAL
9	HEALTH PROFESSION, INCLUDING BOTH COMMUNITY AND SCHOOL MENTAL
10	HEALTH PROFESSIONALS. SUBJECT TO AVAILABLE APPROPRIATIONS, THE
11	DEPARTMENT SHALL SOLICIT REQUESTS FOR INFORMATION AND MAY
12	CONTRACT FOR:
13	(a) THE ORGANIZATION AND ENHANCEMENT OF THE RESOURCE
14	BANK, INCLUDING MATERIALS ON THE PREVENTION OF SUICIDE AND
15	EDUCATION ON MENTAL HEALTH;
16	(b) THE DEVELOPMENT OF MENTAL HEALTH CURRICULA FOR
17	SCHOOLS AND PROVIDING SUCH CURRICULA TO SCHOOLS; AND
18	(c) Training for educators and school staff concerning
19	MENTAL HEALTH.
20	(2) On and after July 1, 2020 , the department shall make
21	MATERIAL IN THE RESOURCE BANK AVAILABLE WITHOUT CHARGE TO
22	SCHOOL DISTRICTS, CHARTER SCHOOLS, INSTITUTE CHARTER SCHOOLS,
23	BOARDS OF COOPERATIVE SERVICES, PROFESSIONAL EDUCATORS, PARENTS
24	OR GUARDIANS OF YOUTH, STUDENTS, AND COMMUNITY PROVIDERS. AT
25	THE REQUEST OF A SCHOOL DISTRICT, CHARTER SCHOOL, INSTITUTE
26	CHARTER SCHOOL, OR BOARD OF COOPERATIVE SERVICES, THE
27	DEPARTMENT SHALL PROVIDE TECHNICAL ASSISTANCE TO THE SCHOOL

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1	DISTRICT, CHARTER SCHOOL, INSTITUTE CHARTER SCHOOL, OR BOARD OF
2	COOPERATIVE SERVICES IN DESIGNING AGE-APPROPRIATE CURRICULA
3	PERTAINING TO MENTAL HEALTH.
4	(3) THE MATERIALS AND RESOURCES AVAILABLE TO STUDENTS
5	MUST BE DEVELOPED AND UPDATED WITH INPUT FROM YOUTH.
6	(4) SCHOOL DISTRICTS, CHARTER SCHOOLS, INSTITUTE CHARTER
7	SCHOOLS, AND BOARDS OF COOPERATIVE SERVICES ARE ENCOURAGED TO
8	REPORT TO THE DEPARTMENT ON THE EFFECTIVENESS OF THE RESOURCE
9	BANK AND CURRICULA AND TO RECOMMEND CHANGES TO IMPROVE THE
10	RESOURCE BANK OR CURRICULA. THE DEPARTMENT IS ENCOURAGED TO
11	UPDATE THE RESOURCE BANK AND CURRICULA BASED ON
12	RECOMMENDATIONS FROM SCHOOL DISTRICTS, CHARTER SCHOOLS,
13	INSTITUTE CHARTER SCHOOLS, BOARDS OF COOPERATIVE SERVICES,
14	PROFESSIONAL EDUCATORS, PARENTS OR GUARDIANS OF YOUTH,
15	STUDENTS, AND COMMUNITY PROVIDERS.
16	SECTION 5. In Colorado Revised Statutes, 22-7-1005, add (2.3)
17	as follows:
18	22-7-1005. Preschool through elementary and secondary
19	education - aligned standards - adoption - revisions. (2.3) ON OR
20	BEFORE JULY $1,2020$, the state board shall adopt standards that
21	IDENTIFY THE KNOWLEDGE AND SKILLS THAT AN ELEMENTARY THROUGH
22	SECONDARY EDUCATION STUDENT SHOULD ACQUIRE RELATED TO MENTAL
23	HEALTH, INCLUDING SUICIDE PREVENTION. WHEN THE STATE BOARD IS
24	ADOPTING STANDARDS, THE STATE BOARD SHALL TAKE INTO ACCOUNT
25	WHAT LOCAL EDUCATION PROVIDERS ARE CURRENTLY TEACHING WITH
26	REGARD TO MENTAL HEALTH.
27	SECTION 6. In Colorado Revised Statutes, amend as relocated

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I	by House Bill 19-1172 12-245-202 (14)(a) as follows:
2	12-245-202. Definitions. As used in this article 245, unless the
3	context otherwise requires:
4	(14) (a) "Psychotherapy" OR "PSYCHOTHERAPY SERVICES" means
5	the treatment, diagnosis, testing, assessment, or counseling in a
6	professional relationship to assist individuals or groups to alleviate
7	behavioral and mental health disorders, understand unconscious or
8	conscious motivation, resolve emotional, relationship, or attitudinal
9	conflicts, or modify behaviors that interfere with effective emotional,
10	social, or intellectual functioning. Psychotherapy follows a planned
11	procedure of intervention that takes place on a regular basis, over a period
12	of time, or in the cases of testing, assessment, and brief psychotherapy,
13	psychotherapy can be a single intervention.
14	SECTION 7. In Colorado Revised Statutes, add to article 245
15	as relocated by House Bill 19-1172 12-245-203.5 as follows:
16	12-245-203.5. Minors - consent for outpatient psychotherapy
17	services - immunity - definition. (1) As used in this section, unless
18	THE CONTEXT OTHERWISE REQUIRES, "MENTAL HEALTH PROFESSIONAL"
19	INCLUDES A PROFESSIONAL PERSON AS DEFINED IN SECTION 27-65-102
20	(17); A MENTAL HEALTH PROFESSIONAL LICENSED PURSUANT TO PART 3,
21	4, 5, 6, OR 8 OF THIS ARTICLE 245; OR A SCHOOL SOCIAL WORKER LICENSED
22	BY THE DEPARTMENT OF EDUCATION.
23	(2) NOTWITHSTANDING ANY OTHER PROVISION OF LAW, A MENTAL
24	HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION (1) OF THIS SECTION
25	MAY PROVIDE PSYCHOTHERAPY SERVICES, AS DEFINED IN SECTION
26	12-245-202 (14)(a), TO A MINOR WHO IS TWELVE YEARS OF AGE OR OLDER,
27	WITH OR WITHOUT THE CONSENT OF THE MINOR'S PARENT OR LEGAL

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1	GUARDIAN, IF THE MENTAL HEALTH PROFESSIONAL DETERMINES THAT:
2	(a) THE MINOR IS KNOWINGLY AND VOLUNTARILY SEEKING SUCH
3	SERVICES; AND
4	(b) THE PROVISION OF PSYCHOTHERAPY SERVICES IS CLINICALLY
5	INDICATED AND NECESSARY TO THE MINOR'S WELL-BEING.
6	(3) (a) THE MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE
7	MINOR'S PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES
8	GIVEN OR NEEDED, WITH THE MINOR'S CONSENT, UNLESS NOTIFYING THE
9	PARENT OR LEGAL GUARDIAN WOULD BE INAPPROPRIATE OR DETRIMENTAL
10	TO THE MINOR'S CARE AND TREATMENT.
11	(b) THE MENTAL HEALTH PROFESSIONAL SHALL ENGAGE THE
12	MINOR IN A DISCUSSION ABOUT THE IMPORTANCE OF INVOLVING AND
13	NOTIFYING THE MINOR'S PARENT OR LEGAL GUARDIAN AND SHALL
14	ENCOURAGE SUCH NOTIFICATION TO HELP SUPPORT THE MINOR SCARE AND
15	TREATMENT.
16	(c) NOTWITHSTANDING THE PROVISIONS OF SUBSECTION (3)(a) OF
17	THIS SECTION, A MENTAL HEALTH PROFESSIONAL MAY NOTIFY THE MINOR'S
18	PARENT OR LEGAL GUARDIAN OF THE PSYCHOTHERAPY SERVICES GIVEN OR
19	NEEDED, WITHOUT THE MINOR'S CONSENT, IF IN THE PROFESSIONAL
20	OPINION OF THE MENTAL HEALTH PROFESSIONAL, THE MINOR IS UNABLE TO
21	MANAGE THE MINOR'S CARE OR TREATMENT.
22	(4) A MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
23	(1) OF THIS SECTION SHALL FULLY DOCUMENT WHEN THE MENTAL HEALTH
24	PROFESSIONAL ATTEMPTS TO CONTACT OR NOTIFY THE MINOR SPARENT OR
25	LEGAL GUARDIAN, AND WHETHER THE ATTEMPT WAS SUCCESSFUL OR
26	UNSUCCESSFUL, OR THE REASON WHY, IN THE MENTAL HEALTH
27	PROFESSIONAL'S OPINION, IT WOULD BE INAPPROPRIATE TO CONTACT OR

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1	NOTIFY THE MINOR'S PARENT OR LEGAL GUARDIAN. DOCUMENTATION
2	MUST BE INCLUDED IN THE MINOR'S CLINICAL RECORD, ALONG WITH A
3	WRITTEN STATEMENT SIGNED BY THE MINOR INDICATING THAT THE MINOR
4	IS VOLUNTARILY SEEKING PSYCHOTHERAPY SERVICES.
5	(5) PSYCHOTHERAPY SERVICES MUST BE PROVIDED IN A
6	CULTURALLY APPROPRIATE MANNER. WRITTEN AND ORAL INSTRUCTION,
7	TRAINING OF PROVIDERS AND STAFF, AND THE OVERALL PROVISION OF
8	SERVICES MUST BE CULTURALLY APPROPRIATE AND PROVIDED IN A
9	MANNER AND FORMAT TO SUPPORT INDIVIDUALS WITH LIMITED ENGLISH
10	PROFICIENCY OR CHALLENGES WITH ACCESSIBILITY RELATED TO A
11	DISABILITY AND WITH RESPECT FOR DIVERSE BACKGROUNDS, INCLUDING
12	INDIVIDUALS WITH DIFFERENT CULTURAL ORIGINS AND INDIVIDUALS WHO
13	ARE LESBIAN, GAY, BISEXUAL, OR TRANSGENDER.
14	(6) AS USED IN THIS SECTION, PSYCHOTHERAPY SERVICES DO NOT
15	INCLUDE INPATIENT PSYCHOTHERAPY SERVICES. PSYCHOTROPIC
16	MEDICATION MAY NOT BE PRESCRIBED TO A MINOR WHO IS FOURTEEN
17	YEARS OF AGE OR YOUNGER WITHOUT PARENTAL CONSENT.
18	(7) If a minor who is receiving psychotherapy services
19	PURSUANT TO THIS SECTION COMMUNICATES A CLEAR AND IMMINENT
20	INTENT OR THREAT TO INFLICT SERIOUS BODILY HARM ON THEMSELVES OR
21	OTHERS, THE MENTAL HEALTH PROFESSIONAL DESCRIBED IN SUBSECTION
22	(1) OF THIS SECTION IS SUBJECT TO THE NOTIFICATION PROVISIONS OF
23	SECTION 13-21-117 (2).
24	(8) If a minor who is receiving psychotherapy services
25	PURSUANT TO SUBSECTIONS (2) AND (3) OF THIS SECTION COMMUNICATES
26	AN INTENT TO COMMIT SUICIDE, THE MENTAL HEALTH PROFESSIONAL
27	DESCRIBED IN SUBSECTION (1) OF THIS SECTION SHALL NOTIFY THE

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1	MINOR'S PARENT OR LEGAL GUARDIAN OF SUCH SUICIDOLOGY.
2	SECTION 8. Effective date. This act takes effect upon passage.
3	except that sections 6 and 7 of this act take effect only if House Bill
4	19-1172 becomes law, in which case sections 6 and 7 take effect or
5	October 1, 2019.
6	SECTION 9. Safety clause. The general assembly hereby finds
7	determines, and declares that this act is necessary for the immediate
8	preservation of the public peace, health, and safety.

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