BILL TOPIC: AGE OF CONSENT OUTPATIENT PSYCHOTHERAPY FOR MINORS


State Revenue

State Expenditures Potential impact.

Appropriation Required: None.

Future Year Impacts: Ongoing potential expenditure impact.

Summary of Legislation

This reengrossed bill lowers the age required for a minor to seek and obtain outpatient psychotherapy services without parental notification or consent from 15 years or older to 12 years or older. A licensed mental health provider serving such patients is immune from civil or criminal liability unless the patient has communicated a clear and imminent threat to inflict serious bodily harm and the provider fails to make the required warnings and notifications.

If a minor who is receiving psychotherapy services without parental notification or consent communicates to the mental health provider a clear and imminent intent or threat to inflict serious bodily harm on him- or herself or others, the mental health provider is required to immediately notify the minor’s parent or guardian, or any other person having custody or decision-making responsibility of the minor, of such communication.

The bill clarifies that the age required for a minor to seek and obtain inpatient services without parental notification and consent remains 15 years of age or older.

State Expenditures

Department of Health Care Policy and Financing. Beginning in FY 2017-18, this bill may increase expenditures for behavioral health treatment in the Medicaid or Children’s Basic Health Plan (CHP+) programs if additional youth obtain services as a result of the changes under the bill. It may also reduce costs if youth obtain earlier interventions and do not require hospitalization in the future. This analysis assumes that any change in the utilization of services is minimal and that if adjustments in appropriations are required in the future, they will be addressed through the annual budget process. For informational purposes, Medicaid and CHP+ costs are paid with a mix of General Fund, cash funds, and federal funds.
**Department of Regulatory Agencies.** Workload for the department is also increased by a minimal amount in FY 2017-18 in order to update and communicate changes in rules concerning the outpatient treatment of minors to mental health professionals. No change in appropriations is required.

**Effective Date**

The bill takes effect August 9, 2017, if the General Assembly adjourns on May 10, 2017, as scheduled, and no referendum petition is filed.

**State and Local Government Contacts**

- District Attorneys
- Health Care Policy and Financing
- Information Technology
- Public Health and Environment
- Education
- Human Services
- Judicial
- Regulatory Agencies

The revenue and expenditure impacts in this fiscal note represent changes from current law under the bill for each fiscal year. For additional information about fiscal notes, please visit: www.leg.colorado.gov/fiscalnotes/