

**Second Regular Session
Seventy-fifth General Assembly
STATE OF COLORADO**

ENGROSSED

*This Version Includes All Amendments Adopted
on Second Reading in the House of Introduction*

LLS NO. 26-0341.02 Veronica Parish x2606

SENATE BILL 26-060

SENATE SPONSORSHIP

Pelton R. and Daugherty,

HOUSE SPONSORSHIP

Winter T. and Hamrick,

Senate Committees
Health & Human Services

House Committees

A BILL FOR AN ACT

101 **CONCERNING INFORMATION ABOUT YOUTH ATHLETE MENTAL HEALTH**
102 **TRAINING, AND, IN CONNECTION THEREWITH, REQUIRING**
103 **MENTAL HEALTH TRAINING FOR YOUTH SPORTS COACHES AND**
104 **REQUIRING THE COACHES TO NOTIFY PARENTS OF POSSIBLE**
105 **MENTAL HEALTH RISKS ASSOCIATED WITH CONCUSSIONS.**

Bill Summary

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at <http://leg.colorado.gov>.)

The bill requires a coach of an organized youth athletic activity to take an annual mental health education course and inform parents or

Shading denotes HOUSE amendment. Double underlining denotes SENATE amendment.
Capital letters or bold & italic numbers indicate new material to be added to existing law.
Dashes through the words or numbers indicate deletions from existing law.

SENATE
Amended 2nd Reading
March 17, 2026

guardians of a youth athlete who sustains a concussion of possible changes in mental health as a result of a concussion.

The bill requires the concussion recognition education course for youth athletic coaches in middle, junior, and high schools to include information on the relationship between concussions and mental health.

Be it enacted by the General Assembly of the State of Colorado:

SECTION 1. In Colorado Revised Statutes, **add** part 2 to article 43 of title 25 as follows:

PART 2

YOUTH ATHLETIC COACH

MENTAL HEALTH EDUCATION

25-43-201. Short title.

THE SHORT TITLE OF THIS PART 2 IS "ALYSSA'S YOUTH CONCUSSION AND MENTAL HEALTH PROTECTION ACT" OR "ALYSSA'S ACT".

25-43-202. Definitions.

AS USED IN THIS PART 2, UNLESS THE CONTEXT OTHERWISE REQUIRES:

(1) "PUBLIC RECREATION FACILITY" HAS THE MEANING SET FORTH IN SECTION 25-43-102.

(2) "YOUTH ATHLETIC ACTIVITY" HAS THE MEANING SET FORTH IN SECTION 25-43-102.

25-43-203. Organized school athletic activities - mental health guidelines required.

(1) (a) EACH PUBLIC AND PRIVATE MIDDLE SCHOOL, JUNIOR HIGH SCHOOL, AND HIGH SCHOOL SHALL REQUIRE EACH COACH OF A YOUTH ATHLETIC ACTIVITY TO COMPLETE A BIENNIAL MENTAL HEALTH EDUCATION COURSE.

1 (b) EACH PRIVATE CLUB OR PUBLIC RECREATION FACILITY AND
2 EACH ATHLETIC LEAGUE THAT SPONSORS YOUTH ATHLETIC ACTIVITIES
3 SHALL REQUIRE EACH COACH WITH WHOM A CLUB, FACILITY, OR LEAGUE
4 DIRECTLY CONTRACTS WITH, FORMALLY ENGAGES, OR EMPLOYS TO COACH
5 A YOUTH ATHLETIC ACTIVITY TO COMPLETE AN ANNUAL MENTAL HEALTH
6 EDUCATION COURSE.

7 (2) (a) THE MENTAL HEALTH EDUCATION COURSE REQUIRED BY
8 SUBSECTION (1) OF THIS SECTION MUST INCLUDE INFORMATION
9 REGARDING THE FOLLOWING:

10 (I) A COACH'S IMPACT ON THE MENTAL HEALTH OF YOUTH
11 ATHLETES;

12 (II) A WELLNESS FRAMEWORK FOR YOUTH ATHLETES;

13 (III) STRESS, ANXIETY DISORDERS, AND DEPRESSION;

14 (IV) TRAUMA;

15 (V) SUBSTANCE ABUSE; AND

16 (VI) SUICIDE PREVENTION.

17 ==

18 (b) THE MENTAL HEALTH EDUCATION COURSE MAY BE HELD IN
19 CONJUNCTION WITH THE CONCUSSION RECOGNITION EDUCATION COURSE
20 REQUIRED PURSUANT TO SECTION 25-43-103 (1)(a).

21 (c) AN ORGANIZATION OR ASSOCIATION THAT A SCHOOL OR
22 SCHOOL DISTRICT IS A MEMBER OF MAY DESIGNATE SPECIFIC EDUCATION
23 COURSES AS SUFFICIENT TO MEET THE REQUIREMENTS DESCRIBED IN
24 SUBSECTION (1) OF THIS SECTION.

25 (3) IF A YOUTH ATHLETE IS REMOVED FROM PLAY FOR A
26 SUSPECTED CONCUSSION, THE YOUTH ATHLETE'S COACH OR THE CLUB'S,
27 LEAGUE'S, OR PUBLIC RECREATION FACILITY'S OTHER DESIGNATED

1 PERSONNEL SHALL NOTIFY THE ATHLETE'S PARENT OR LEGAL GUARDIAN
2 AND ADVISE THAT THE ATHLETE SEEK EVALUATION FROM A LICENSED
3 HEALTH-CARE PROVIDER FOR APPROPRIATE MEDICAL AND BEHAVIORAL
4 HEALTH GUIDANCE REGARDING POTENTIAL PHYSICAL, COGNITIVE, OR
5 PSYCHOLOGICAL SYMPTOMS ASSOCIATED WITH A CONCUSSION.

6 (4) NOTHING IN THIS PART 2 ABROGATES OR LIMITS THE
7 PROTECTIONS APPLICABLE TO PUBLIC ENTITIES AND PUBLIC EMPLOYEES
8 ESTABLISHED PURSUANT TO THE "COLORADO GOVERNMENTAL IMMUNITY
9 ACT", ARTICLE 10 OF TITLE 24; VOLUNTEERS AND BOARD MEMBERS AND
10 NONPROFIT DIRECTORS, OFFICERS, AND TRUSTEES DESCRIBED PURSUANT
11 TO SECTIONS 13-21-115.7 AND 13-21-116; OR SKI AREA OPERATORS
12 PROTECTED PURSUANT TO SECTIONS 33-44-112 AND 33-44-113.

13 (5) AN ATHLETIC COACH OF A YOUTH ATHLETIC ACTIVITY WHO
14 ACTS IN GOOD FAITH TO COMPLY WITH THE REQUIREMENTS OF THIS PART
15 2 IS NOT SUBJECT TO CIVIL LIABILITY FOR ANY ACT OR OMISSION RELATED
16 TO THE IMPLEMENTATION OF THIS PART 2 UNLESS THE ACT OR OMISSION
17 CONSTITUTES GROSS NEGLIGENCE OR WILLFUL AND WANTON MISCONDUCT.

18 **SECTION 2.** In Colorado Revised Statutes, **amend** 25-43-101 as
19 follows:

20 **25-43-101. Short title.**

21 This ~~article~~ PART 1 shall be known and may be cited as the "Jake
22 Snakenberg Youth Concussion Act".

23 **SECTION 3.** In Colorado Revised Statutes, 25-43-102, **amend**
24 the introductory portion as follows:

25 **25-43-102. Definitions.**

26 As used in this ~~article 43~~ PART 1, unless the context otherwise
27 requires:

1 **SECTION 4.** In Colorado Revised Statutes, 25-43-103, **amend**
2 (2)(a) introductory portion, (2)(a)(II), (2)(a)(III), and (5); and **add**
3 (2)(a)(IV) as follows:

4 **25-43-103. Organized school athletic activities - concussion**
5 **guidelines required.**

6 (2) (a) The concussion recognition education course required by
7 subsection (1) of this section ~~shall~~ **MUST** include the following:

8 (II) The necessity of obtaining proper medical attention for a
9 person suspected of having a concussion; ~~and~~

10 (III) Information on the nature and risk of concussions, including
11 the danger of continuing to play after sustaining a concussion and the
12 proper method of allowing a youth athlete who has sustained a concussion
13 to return to athletic activity; **AND**

14 (IV) **INFORMATION ON THE RELATIONSHIP BETWEEN CONCUSSIONS**
15 **AND MENTAL HEALTH AND THE POSSIBLE EFFECTS ON THE MENTAL HEALTH**
16 **OF A YOUTH ATHLETE WHO HAS SUSTAINED A CONCUSSION.**

17 (5) Nothing in this ~~article~~ **PART 1** abrogates or limits the
18 protections applicable to public entities and public employees pursuant to
19 the "Colorado Governmental Immunity Act", article 10 of title 24; ~~§~~**C.R.S.**;
20 volunteers and board members pursuant to sections 13-21-115.7 and
21 13-21-116; ~~§~~**C.R.S.**; or ski area operators pursuant to sections 33-44-112
22 and 33-44-113. ~~§~~**C.R.S.**

23 **SECTION 5. Act subject to petition - effective date.** This act
24 takes effect at 12:01 a.m. on the day following the expiration of the
25 ninety-day period after final adjournment of the general assembly (August
26 12, 2026, if adjournment sine die is on May 13, 2026); except that, if a
27 referendum petition is filed pursuant to section 1 (3) of article V of the

1 state constitution against this act or an item, section, or part of this act
2 within such period, then the act, item, section, or part will not take effect
3 unless approved by the people at the general election to be held in
4 November 2026 and, in such case, will take effect on the date of the
5 official declaration of the vote thereon by the governor.