

Surrender your firearms



Extreme Risk Protection Order in action
Broward, Florida

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Suicide is often an impulsive act in a brief moment of intense despair
Coalition to Stop Gun Violence

SUICIDE is not an impulsive act

National Institute of Mental Health

Signs and Symptoms:

- The behaviors listed below may be signs that someone is thinking about suicide.
- Talking about wanting to die or wanting to kill themselves
- Talking about feeling empty, hopeless, or having no reason to live
- Making a plan or looking for a way to kill themselves, such as searching online, stockpiling pills, or buying a gun
- Talking about great guilt or shame
- Talking about feeling trapped or feeling that there are no solutions
- Feeling unbearable pain (emotional pain or physical pain)
- Talking about being a burden to others
- Using alcohol or drugs more often
- Acting anxious or agitated
- Withdrawing from family and friends
- Changing eating and/or sleeping habits
- Showing rage or talking about seeking revenge
- Taking great risks that could lead to death, such as driving extremely fast
- Talking or thinking about death often
- Displaying extreme mood swings, suddenly changing from very sad to very calm or happy
- Giving away important possessions
- Saying goodbye to friends and family
- Putting affairs in order, making a will

REPORT TO THE HAWAII STATE LEGISLATURE
TWENTY-NINTH LEGISLATURE, 2018
STATE OF HAWAII Prevent Suicide Hawai'i Taskforce (PSHTF)
Strategic Planning Sub-Committee
August 2016 to December 2017

Summary and Trends – the following table presents an at-a-glance summary of suicide death and attempt data for Hawai'i, for the period of 2012-2016:

	Suicide Deaths	Suicide Attempts (non-fatal)
Number per year	186 (215 if including deaths of undetermined intent)	925 (1,540 if including suicide records without principle diagnosis in injury field; 2,400 if also including injuries of undetermined intent)
Trends	Increasing (especially over past 10 years)	No statewide trend (O'ahu decreasing; Maui & Hawai'i Island increasing)
Gender	80% male	55% female
Age	Youth at lowest risk; 20-64 year-olds at highest risk	Youth (15-19 year-olds) at highest risk; Elderly at lowest risk
Mechanism	Hangings (50%); Firearms (19%)	Drugs/medicinal poisonings (63%)

CDC 2017 data Hawaii Suicides 227; by Suffocation 127 (56%); by Firearm 30 (13%)



Ismael Mena, Killed by Denver PD SWAT, Sept 29, 1999



Michael DeHerrera Apr 2009 beating by Denver PD

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