COLORADO

School Safety and Behavioral Health

July 11, 2019

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Colorado Department of Human Services, Office of Behavioral Health

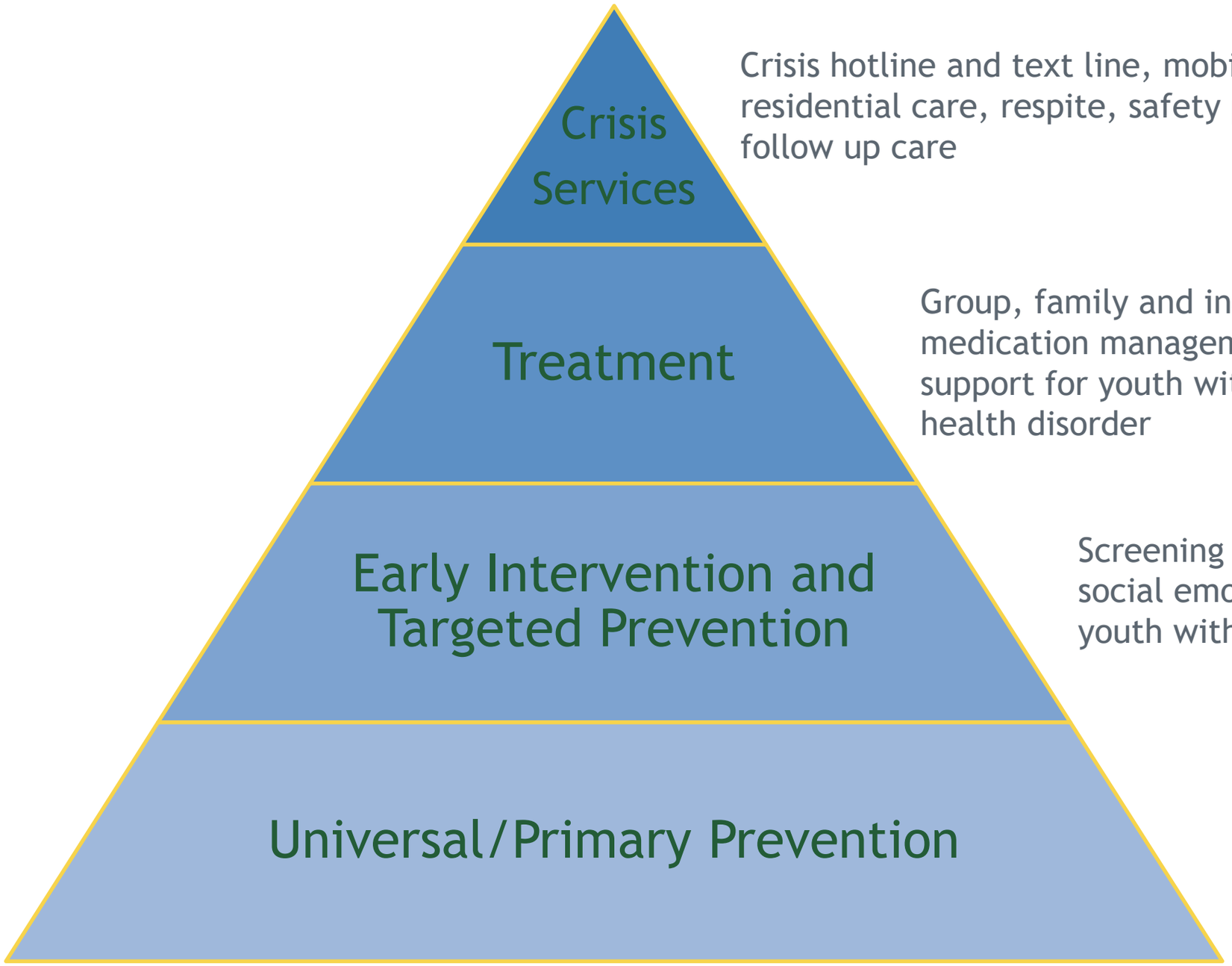
COLORADO
Office of Behavioral Health
Department of Human Services

Office of Behavioral Health

OBH oversees and purchases substance use and mental health prevention, treatment, and recovery services and provides inpatient care at the state mental health institutes.

- Supports behavioral health programs through federal and state dollars, technical assistance, data and analysis, training, and regulation.
- Licenses and monitors all SUD treatment programs including opioid treatment programs, community mental health services, and crisis system.
- Manages the federal grants including state Block Grants
- Child and Adolescent Team includes staff to manage school-based partnerships and coordinate with partners

Building Behavioral Health in Schools



Crisis hotline and text line, mobile response, short-term residential care, respite, safety planning, suicide protocols and follow up care

Group, family and individual counseling, medication management, and other clinical support for youth with a diagnosed behavioral health disorder

Screening for behavioral health disorders and social emotional needs, social programs for youth with identified risk factors

Reducing risk factors and building protective factors, healthy families, healthy relationships, coping skills, communication skills, stigma reduction, trusted adults

State Activities, Prevention

- State-wide prevention needs assessment and strategic plan, 2019

Colorado Department of Human Services
- Office of Behavioral Health
- Office of Children, Youth, and Families

Colorado Department of Public Health and Environment
- Prevention Services Division

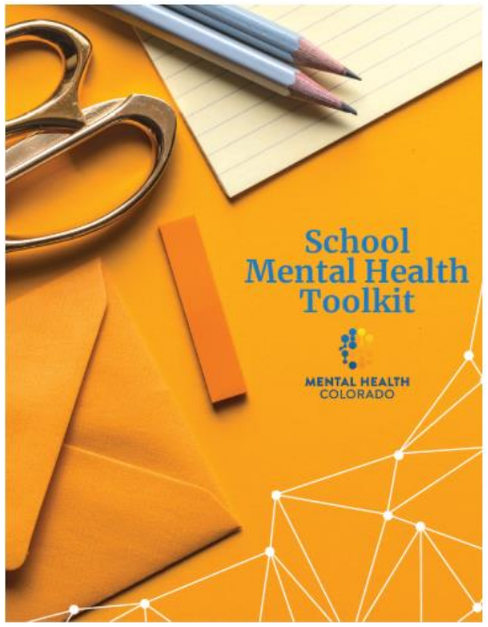
Colorado Department of Education
- Office of Health and Wellness

Colorado Attorney General
- Office of Community Engagement

Higher Education Partners
- Colorado State University
- University of Colorado
- University of Denver

Other Initiatives
- Substance Abuse and Mental Health Services Administration
- Others as needed

- Partnership with Mental Health Colorado on School Mental Health Toolkit on how to identify and develop resources
- Prioritizing Sources of Strength



State Activities, Targeted Intervention and Treatment

- 15 of 17 CMHCs have a school behavioral health consultant for the region.
  - Clinical partners who train schools using the toolkit and best practices on standing up behavioral health services in the school
  - Contact OBH or your CMHC to schedule a consult
- Partnership with CDPHE for SBIRT in schools
- Trauma-informed training and theory of change

State Activities, Crisis Services

- New model for the crisis system emphasizes mobile response
- Administrative Service Organizations (ASOs) manage data including the age and location of clients
- Crisis Line Expansion
  - New campaign for text line, Below the Surface, created by youth
  - Since October 2018, the text line has seen a 157 percent jump in year-over-year usage from youth ages 13-17.
  - Youth now represent 31 percent of total text volume (up from 22 percent in 2018)
  - HB 19-1287 adds care navigation services to the crisis line