## Second Regular Session Seventy-fourth General Assembly STATE OF COLORADO

# REVISED

This Version Includes All Amendments Adopted on Second Reading in the Second House HOUSE BILL 24-1406

LLS NO. 24-0334.01 Chelsea Princell x4335

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## A BILL FOR AN ACT

101 CONCERNING THE CREATION OF THE SCHOOL-BASED MENTAL HEALTH

102 SUPPORT PROGRAM, AND, IN CONNECTION THEREWITH, MAKING

103 AN APPROPRIATION.

#### **Bill Summary**

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at <u>http://leg.colorado.gov</u>.)

**Joint Budget Committee.** The bill creates the school-based mental health support program (program) in the behavioral health administration (BHA) to provide high-quality training, resources, and implementation and sustainment support for the existing public school educator workforce to provide evidence-based mental health services to





Amended 2nd Reading March 28, 2024

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students through a contract with an external provider. The program emphasizes supporting schools in rural areas and schools with students who do not have equitable access to mental health care.

No later than January 1, 2025, the bill requires the BHA to contract with an external provider to implement the program no later than the start of the 2025-26 school year.

The bill requires the BHA to collaborate with the external provider to determine the cost of implementing the program in at least 400 public schools by the start of the 2027-28 school year.

The bill requires the general assembly to appropriate \$2.5 million from the general fund to the department of human services for use by the BHA to administer the program. The bill allows the BHA to use up to \$100,000 of the funds to select the external provider.

1 Be it enacted by the General Assembly of the State of Colorado:

2

**SECTION 1. Legislative declaration.** (1) The general assembly

3 finds and declares that:

4 (a) Young people are experiencing historic levels of mental
5 distress, with suicide reported as the second leading cause of death among
6 youth ages 10 to 24 in 2021, and there are consistently disproportionate
7 rates of suicide among youth in rural areas, youth of color, and other
8 underserved youth. In 2021, Colorado health-care practitioners also
9 declared a state of emergency for youth mental health.

(b) Public schools are a natural congregation point and de facto
provider of mental health services for many young people, but public
schools are often under-resourced and under-equipped to provide
high-quality, evidence-based mental health support;

(c) While hiring additional mental health practitioners is crucial,
Colorado must also better utilize the expertise and relationships of the
existing educator workforce currently providing mental health support to
youth;

18

(d) Educators and school-based mental health professionals have

high rates of attrition because they often do not receive sufficient training
and resources to provide suitable care to youth who need mental health
support, and, as a result, public schools are often unable to provide
adequate mental health support;

5 (e) With the implementation of the sixth through twelfth grade 6 mental health screening program, public schools must be equipped with 7 the appropriate resources to help youth who are in need of mental health 8 support but who are either unable to access, or have exhausted, available 9 resources and external support services and need additional school-based 10 services;

11 (f) In order to better equip the existing public school workforce 12 with evidence-based practices, increase educator efficacy, and reduce 13 burnout, educators must be supported and trained in how to promote 14 mental wellness for youth; provide cognitive behavioral skill-building and 15 mindfulness skill-building for youth who demonstrate additional need for 16 mental health support; provide resources to manage suicide risk; and 17 coordinate care among families, schools, and external providers for youth 18 who have suicidal ideation; and

(g) Colorado's rapidly growing youth mental health crisis impacts
the state's health-care and education systems and therefore requires a
state-funded public health response.

(2) (a) Therefore, the general assembly declares that assisting
public schools in implementing and sustaining mental health multi-tiered
systems of mental health support would greatly benefit Colorado youth.

(b) To assist public schools, the general assembly intends to scale
a school-based mental health support program to 400 schools by the
2027-28 school year.

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SECTION 2. In Colorado Revised Statutes, add 27-50-804 as
 follows:

3 27-50-804. School-based mental health support program 4 creation - appropriation - definitions - repeal. (1) As used in THIS
5 SECTION, UNLESS THE CONTEXT OTHERWISE REQUIRES:

6 (a) "COGNITIVE BEHAVIORAL SKILL-BUILDING" MEANS A
7 THEORETICAL FRAMEWORK UNDERLYING A SET OF SKILLS THAT MAY BE
8 TAUGHT TO HELP AN INDIVIDUAL IMPROVE EMOTIONAL DIFFICULTIES
9 RANGING FROM MILD WORRY OR DISAPPOINTMENT TO SEVERE DEPRESSION,
10 ANXIETY, OR OTHER MENTAL ILLNESSES.

(b) "EVIDENCE-BASED" MEANS PRACTICES, INTERVENTIONS, OR
PROGRAMS THAT ARE SUPPORTED BY EXTENSIVE EMPIRICAL DATA,
INCLUDING RANDOMIZED CONTROLLED TRIALS, SUPPORTING THEIR
EFFICACY FOR THEIR INTENDED PURPOSE.

(c) "High-quality training" means in-person or virtual
TRAINING THAT INCLUDES CONTENT ON THEORY, RATIONALE, AND
CONCRETE SKILLS; LEVERAGES DEMONSTRATIONS AND SKILLS PRACTICE
WITH FEEDBACK; IS GROUNDED IN THE FIELD OF IMPLEMENTATION
SCIENCE; AND TAKES INTO ACCOUNT THE CLINICAL AND ENVIRONMENTAL
BARRIERS TO IMPLEMENTATION.

(d) "IMPLEMENTATION AND SUSTAINMENT SUPPORT" MEANS
PROVIDING IN-PERSON OR VIRTUAL COACHING TO ASSIST PUBLIC SCHOOLS
IN PLANNING, EXECUTING, AND REFLECTING, AND IN BUILDING SYSTEMS TO
EMBED, PROGRAM PRACTICES IN SCHOOL OPERATIONS, PREFERABLY IN
PARTNERSHIP WITH COMMUNITY-BASED OR HOSPITAL-BASED LICENSED
MENTAL HEALTH PROVIDERS.

27 (e) "MINDFULNESS" MEANS A FRAMEWORK AND SET OF PRACTICES

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FOR HELPING AN INDIVIDUAL IMPROVE AWARENESS OF THE INDIVIDUAL'S
 OWN THOUGHTS, EMOTIONS, PHYSICAL FEELINGS, AND BEHAVIORS TO
 INCREASE THE INDIVIDUAL'S RESILIENCY IN RESPONSE TO COMMON LIFE
 EVENTS.

5 (f) "MULTI-TIERED SYSTEMS OF SUPPORT" MEANS A FRAMEWORK
6 FOR ENHANCING THE IMPLEMENTATION OF EVIDENCE-BASED PRACTICES TO
7 ACHIEVE POSITIVE OUTCOMES FOR EVERY STUDENT BY ORGANIZING THE
8 EFFORTS OF EDUCATORS WITHIN SYSTEMS TO BE MORE EFFECTIVE.

9 (g) "PROGRAM" MEANS THE SCHOOL-BASED MENTAL HEALTH
10 SUPPORT PROGRAM CREATED IN SUBSECTION (2) OF THIS SECTION.

11 (2)THERE IS CREATED IN THE BEHAVIORAL HEALTH 12 ADMINISTRATION THE SCHOOL-BASED MENTAL HEALTH SUPPORT PROGRAM 13 TO PROVIDE HIGH-QUALITY TRAINING, RESOURCES, AND IMPLEMENTATION 14 AND SUSTAINMENT SUPPORT FOR THE EXISTING PUBLIC SCHOOL EDUCATOR 15 WORKFORCE TO PROVIDE EVIDENCE-BASED MENTAL HEALTH SERVICES FOR 16 STUDENTS THROUGH A CONTRACT WITH AN EXTERNAL PROVIDER. THE 17 PROGRAM SHALL EMPHASIZE SUPPORTING SCHOOLS IN RURAL AREAS AND 18 SCHOOLS WITH STUDENTS WHO DO NOT HAVE EQUITABLE ACCESS TO 19 MENTAL HEALTH CARE.

20 (3) (a) NO LATER THAN JANUARY 1, 2025, THE BHA SHALL
21 CONTRACT WITH AN EXTERNAL PROVIDER TO BEGIN IMPLEMENTING THE
22 PROGRAM NO LATER THAN THE START OF THE 2025-26 SCHOOL YEAR.

23 (b) IN CONTRACTING WITH AN EXTERNAL PROVIDER, THE BHA24 SHALL:

25 (I) ESTABLISH A TIMELINE THAT THE EXTERNAL PROVIDER SHALL
26 FOLLOW IN IMPLEMENTING THE PROGRAM;

27 (II) ESTABLISH A PLAN TO EVALUATE THE EFFICACY OF THE

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1 PROGRAM ACROSS SCHOOL TYPES AND STUDENT POPULATIONS;

2 (III) DETERMINE, IN CONSULTATION WITH THE EXTERNAL
3 PROVIDER, PERIODIC DATES ON WHICH TO PROVIDE FUNDING TO THE
4 EXTERNAL PROVIDER IN ORDER FOR THE EXTERNAL PROVIDER TO MAKE
5 NECESSARY PURCHASES AND INVESTMENTS TO IMPLEMENT THE PROGRAM;
6 AND

7 (IV) COLLABORATE WITH THE EXTERNAL PROVIDER TO DETERMINE
8 THE COST OF IMPLEMENTING THE PROGRAM IN AT LEAST FOUR HUNDRED
9 PUBLIC SCHOOLS BY THE START OF THE 2027-28 SCHOOL YEAR.

10 (4) (a) AN INTERESTED EXTERNAL PROVIDER MUST APPLY FOR THE
11 CONTRACT IN THE MANNER PRESCRIBED BY THE BHA.

12

(b) THE BHA SHALL SELECT AN EXTERNAL PROVIDER THAT:

(I) DOES NOT HAVE LICENSING AGREEMENTS THAT PROHIBIT THE
USE OF CURRICULA OR RESOURCES THAT A SCHOOL DISTRICT ALREADY
USES OR INTENDS TO USE IN THE FUTURE; AND

(II) HAS BEEN SUBJECT TO EXTERNAL, THIRD-PARTY EVALUATIONS
 THAT INDICATE ITS EFFICACY AMONG SEVERAL DIFFERENT SCHOOL TYPES
 AND WITH SEVERAL DIFFERENT STUDENT SUBPOPULATIONS.

19 (c) WHEN SELECTING AN EXTERNAL PROVIDER, THE BHA SHALL20 CONSIDER WHETHER AN APPLICANT IS ABLE TO:

(I) PROVIDE HIGH-QUALITY TRAINING, RESOURCES, AND
IMPLEMENTATION AND SUSTAINMENT SUPPORT ACROSS ALL THREE TIERS
OF THE MULTI-TIERED SYSTEMS OF SUPPORT, WHICH INCLUDE:

24 (A) CLASSROOM-BASED MENTAL WELLNESS AND RESILIENCY
25 SKILLS FOR STUDENTS;

26 (B) COGNITIVE BEHAVIORAL SKILL-BUILDING AND MINDFULNESS
27 SKILL-BUILDING FOR ANXIETY OR DEPRESSION FOR YOUTH WHO

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1 DEMONSTRATE AN ADDITIONAL NEED FOR MENTAL HEALTH SUPPORT; AND

2 (C) RESOURCES AND TRAINING TO MANAGE SUICIDE RISK AND
3 COORDINATE CARE AMONG FAMILIES, SCHOOLS, AND EXTERNAL
4 PROVIDERS FOR YOUTH WHO ARE AT RISK OF SUICIDE; AND

5 (II) IN CONSIDERATION OF LOCAL CONTROL, FLEXIBLY PARTNER
6 WITH SCHOOL DISTRICTS TO ENABLE SCHOOL DISTRICTS TO DECIDE WHICH
7 TIERS FROM AMONG THE MENTAL HEALTH MULTI-TIERED SYSTEMS OF
8 SUPPORT TO IMPLEMENT; AND

9 (III) USE EVIDENCE-BASED MENTAL HEALTH PRACTICES THAT
10 HAVE BEEN SUBJECT TO EXTERNAL EVALUATION, RANDOMIZED
11 CONTROLLED TRIALS, AND PEER REVIEW.

12 (5) IN SELECTING THE EXTERNAL PROVIDER, THE BHA SHALL
13 PRIORITIZE APPLICANTS THAT:

14 (a) ARE A NOT-FOR-PROFIT ENTITY;

(b) INCUR ONE-TIME COSTS AND DO NOT REQUIRE RECURRING OR
ADDITIONAL EXPENSES PAID FOR BY THE BHA BEYOND THE FIRST YEAR OF
IMPLEMENTATION;

18 (c) HAVE A DEMONSTRATED HISTORY OF PARTNERSHIPS, AND A
19 CLEAR STRATEGY FOR BUILDING FUTURE PARTNERSHIPS, WITH COMMUNITY
20 OR HOSPITAL-BASED PROVIDERS TO ASSIST PUBLIC SCHOOLS IN
21 IMPLEMENTING MENTAL HEALTH SUPPORTS FOR STUDENTS; AND

(d) HAVE A DEMONSTRATED HISTORY OF FUNDING INTERNAL AND
EXTERNAL EVALUATIONS OF THE EFFICACY OF THE EXTERNAL PROVIDER'S
PROGRAM IN PARTNERSHIP WITH INSTITUTIONS OF HIGHER EDUCATION OR
ORGANIZATIONS THAT HAVE SIMILAR SKILLS IN CONDUCTING RANDOMIZED
CONTROLLED TRIALS AND OTHER QUANTITATIVE AND QUALITATIVE
EVALUATION TECHNIQUES.

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(6) (a) FOR THE 2024-25 STATE FISCAL YEAR, THE GENERAL
 ASSEMBLY SHALL APPROPRIATE TWO MILLION FIVE HUNDRED THOUSAND
 DOLLARS FROM THE GENERAL FUND TO THE DEPARTMENT OF HUMAN
 SERVICES FOR USE BY THE BHA TO ADMINISTER THE PROGRAM.

5 (b) THE BHA MAY USE UP TO ONE HUNDRED THOUSAND DOLLARS
6 OF THE TOTAL APPROPRIATION TO ADMINISTER THE APPLICATION AND
7 SELECTION PROCESS DESCRIBED IN SUBSECTIONS (4) AND (5) OF THIS
8 SECTION.

9

(7) This section is repealed, effective July 1, 2028.

10 SECTION 3. Appropriation. For the 2024-25 state fiscal year, 11 \$2,500,000 is appropriated to the department of human services for use 12 by the behavioral health administration. This appropriation is from the 13 general fund. To implement this act, the administration may use this 14 appropriation for the school-based mental health support program.

15 SECTION 4. Safety clause. The general assembly finds, 16 determines, and declares that this act is necessary for the immediate 17 preservation of the public peace, health, or safety or for appropriations for 18 the support and maintenance of the departments of the state and state 19 institutions.