# First Regular Session Seventy-first General Assembly STATE OF COLORADO

## **INTRODUCED**

LLS NO. R17-1176.01 Gwynne Middleton x4340

**SJR17-037** 

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### **Senate Committees**

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<b>SENATE JOINT RESOLUTION 17-037</b>
CONCERNING THE DESIGNATION OF MAY 1 THROUGH MAY 7, 2017, AS
"NATIONAL MATERNAL HEALTH AWARENESS WEEK".
WHEREAS, Approximately one in eight women experience
pregnancy-related depression, which can occur at any time during
pregnancy and up to one year postpartum, making this mental health
condition the most common complication of pregnancy; and
WHEREAS, By conservative estimates, this daunting statistic
means more than 600,000 women in the U.S. suffer each year from
pregnancy-related depression; and
WHEREAS, According to a National Center for Children in
Poverty Project Thrive Issue Brief, the effects of maternal depression are
linked to "reductions in young children's behavioral, cognitive, and social

and emotional functioning", and children raised by clinically depressed mothers are at risk for later mental health problems, social adjustment difficulties, and difficulties in school, all of which place children raised by depressed mothers at greater risk for needing early intervention services and may increase their need for special education services in school; and

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WHEREAS, One public health study conducted by specialists at the University of Maryland School of Public Health also found that women suffering from maternal depression had health care costs that were 90 percent higher than those of nondepressed women; and

WHEREAS, The American Academy of Pediatrics recommends maternal depression screening multiple times during the child's first year at well-child visits to help diagnose and treat this mental health condition as quickly as possible to limit its long-term impact on mothers and their children; and

WHEREAS, Pregnant women and mothers in the postpartum period are not routinely screened for maternal mental health disorders, though there are recommended screening tools, and this oversight is largely due to a shortage of and the inability for screening providers to easily find qualified healthcare providers who can offer necessary treatment, including psychiatrists, psychologists, social workers, and counselors; and

WHEREAS, In 2014, Colorado Medicaid began paying providers to conduct annual depression screenings, and this change allowed for a mother's postpartum depression screening to be conducted at her child's well-child visit in the first six months of a child's life and for the screening to be billed to the child's Medicaid coverage; and

WHEREAS, Colorado is one of ten states in the U.S. that allow for this screening to be billed under the child's Medicaid, but unfortunately, Colorado is the only one of these states that limits this screening to once per year; and

WHEREAS, This year, Colorado's legislative Joint Budget Committee voted to increase funding for maternal mental health wellness screenings for mothers who qualify for Medicaid and Colorado's Child Health Plan Plus, and with the additional funding, these mothers will now be offered three screenings, instead of one, during the critical first year

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after giving birth to their children; now, therefore,

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Be It Resolved by the Senate of the Seventy-first General Assembly of the State of Colorado, the House of Representatives concurring herein:

That we, the members of the Colorado General Assembly, hereby designate May 1 through May 7, 2017, as "National Maternal Health Awareness Week" to encourage Coloradans to support mothers, especially those mothers struggling with depression symptoms, so that they can receive the services and supports needed to help themselves and their children pursue healthy, meaningful lives.

10 Be It Further Resolved, That copies of this Joint Resolution be sent to the National Coalition for Maternal Mental Health; Colorado 11 12 Children's Campaign; Dr. Wendy Davis, Executive Director, Postpartum 13 Support International; Ms. Beverly J. Warner; Ms. Phuonglan Nguyen, Ms. Caitlin Evard, and Ms. Mandy Bakulski, Coordinators for the 14 15 Colorado Department of Public Health and Environment's Pregnancy-related Depression and Anxiety Public Awareness Campaign; 16 Dr. Jennifer Harned Adams, Co-Coordinator, Colorado Postpartum 17 Support International - Colorado Chapter; Emma Goforth, Maternal and 18 19 Child Health Program Coordinator, Tri-County Health Department; Lisa Jansen Thompson, Executive Director, Early Childhood Partnership of 20 Adams County; and Kate Kripke, Postpartum Wellness Center of 21 22 Boulder.

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