

Second Regular Session
Seventieth General Assembly
STATE OF COLORADO

REVISED

LLS NO. R16-1230.01 Melanie Pawlyszyn x2802

HJR16-1019

HOUSE SPONSORSHIP

Fields,

SENATE SPONSORSHIP

Tate,

House Committees

Senate Committees

HOUSE JOINT RESOLUTION 16-1019

101 CONCERNING THE DESIGNATION OF MAY 2, 2016, AS "CHILDREN'S
102 HEALTH DAY" IN COLORADO.

1 WHEREAS, Good health lays the groundwork for success in many
2 areas of a child's life; and

3 WHEREAS, When children are healthy -- physically, mentally,
4 and socially -- they are more likely to enter school ready to learn, they
5 miss fewer days of school, and they have the energy and focus to pay
6 attention in the classroom; and

7 WHEREAS, The World Health Organization says that children
8 should eat no more than 24 grams (six teaspoons) of added sugar per day,
9 but children are eating an average of 130 grams (over 30 teaspoons) per
10 day, leading to one in three children now having diabetes; and

Shading denotes HOUSE amendment. Double underlining denotes SENATE amendment.
Capital letters indicate new material to be added to existing statute.
Dashes through the words indicate deletions from existing statute.

SENATE
Amended Final Rdg
April 29, 2016

HOUSE
Amended Final Rdg.
April 26, 2016

1 WHEREAS, About one in four Colorado children is estimated to
2 be overweight or obese; and

3 WHEREAS, An estimated 270,000 children (about 22% of all
4 children) were living in households experiencing hunger in 2009, an 86%
5 increase since 2002; and

6 WHEREAS, Two of three children exercise 20 minutes or less,
7 four times or fewer per week, nowhere near the recommended one hour
8 per day of exercise for all kids; and

9 WHEREAS, There is a link between a lack of consumption of
10 fresh produce and lean meats and obesity; and access to such food is often
11 limited in rural areas; and

12 WHEREAS, Low-cost and convenient foods tend to be more
13 highly processed and calorie-dense than more expensive foods and may
14 not provide children with the vitamins and nutrients their brains and
15 bodies need to develop healthily; and

16 WHEREAS, On average, between 2010 and 2012, 35% of
17 Colorado families with children between the ages of 1 and 14 reported
18 that they often or sometimes relied on low-cost foods to feed their family
19 due to limited resources; and

20 WHEREAS, Ensuring that all kids have knowledge of and access
21 to adequate healthy food and safe places to exercise and play is essential
22 to ending both malnutrition and obesity in Colorado's kids; and

23 WHEREAS, According to the Children's Campaign 2010 survey
24 of the nutrition, physical activity, and physical education (P.E.) policies
25 of 23 of Colorado's largest school districts, representing about 80% of all
26 Colorado students in public schools:

27 ! Only four of the 23 districts provide that all school snacks
28 for all students meet nutritional standards; and

29 ! Only four of the districts require P.E. for elementary and
30 middle school students; and

31 WHEREAS, Colorado is the leanest state in the nation for adults,
32 but Colorado children dropped in ranking from 3rd to 23rd leanest in the
33 nation between 2003 and 2007; and

1 WHEREAS, Between 2003 and 2007, the number of obese 10- to
2 17-year-olds rose from 48,000 to 72,000; and

3 WHEREAS, Gov. John W. Hickenlooper stated on March 24,
4 2014, "There is nothing more important to Colorado's future than the
5 success of our children and our ability to capitalize on the opportunities
6 of our future work force leaders, parents, and citizens"; and

7 WHEREAS, Fifth grade children of Indian Ridge Elementary of
8 the Cherry Creek School District, in partnership with the Living Closer
9 Foundation, have visited the legislature for three consecutive years to:

10 ! Promote children's health, including proper nutrition and a
11 healthy diet;

12 ! Help all Colorado kids to be ShFat That! kids by providing
13 nutrition education in schools, which includes scientific
14 knowledge of the adverse effects of excessive sugar
15 consumption on the human body, and using the
16 student-initiated ShFat That! program best practices, which
17 include: drinking water, not juice or soda; eating real food
18 while limiting processed and junk food; and playing
19 outside every day;

20 ! Promote a Recommended Daily Allowance (RDA) of sugar
21 and extol manufacturers who show a percentage of RDA
22 on the nutrition labels of all food packaging;

23 ! Promote listing the types of sugar and sugar substitutes on
24 nutrition labels; and

25 ! Promote awareness of the manner in which government
26 subsidies in agriculture have distorted our food markets,
27 affecting sweeteners; now, therefore,".

28 *Be It Resolved by the House of Representatives of the Seventieth*
29 *General Assembly of the State of Colorado, the Senate concurring herein:*

30 That we, the General Assembly:

31 (1) Support the promotion of health for Colorado children by
32 designating May 2, 2016, as "Children's Health Day";

1 (2) Believe that providing children in child care, school, and
2 community settings with nutritious foods and plenty of opportunities for
3 exercise are important steps to giving children a healthy start in life; and

4 (3) Encourage schools, health professionals, and organizations to
5 design activities and educational programs on "Children's Health Day"
6 that meet the needs of individual communities.

7 *Be It Further Resolved*, That copies of this Joint Resolution be sent
8 to: Bill Jaeger, Vice President, Colorado Children's Campaign; Dr. Jandel
9 T. Allen-Davis, Vice President of Government, External Relations, and
10 Research, Kaiser Permanente; Ellen Steiner, Policy Coordinator at
11 Colorado Children's Hospital; Dr. Richard J. Johnson, Professor in the
12 Department of Medicine at the University of Colorado Anschutz Medical
13 Campus; Dr. Stephen R. Daniels, Chairman of the Department of
14 Pediatrics at the University of Colorado School of Medicine, Children's
15 Hospital Colorado; Jenny Brundin, Education Reporter at Colorado
16 Public Radio; Angie Austin, Morning Anchor of KWGN's morning show
17 "Daybreak"; the Colorado Innovation Network, a division of the Colorado
18 Office of Economic Development and International Trade; Governor
19 John Hickenlooper; Sue Glass, Executive Director, American Diabetes
20 Association; the Living Closer Foundation; Leslie Levine, Technical
21 Assistance & Research Coordinator at LiveWell Colorado; Matthew
22 Jackson, Healthy Food and Beverage Policy Specialist at the Tri-County
23 Health Department; Gerhard Sundborn, Senior Research Fellow at the
24 University of Auckland; Dr. Sundeep Dugar, Professor of Chemistry; and
25 Dr. Kieron Rooney, Researcher in Metabolic Biochemistry."