

SENATE JOINT RESOLUTION 17-011

BY SENATOR(S) Donovan and Martinez Humenik, Aguilar, Baumgardner, Cooke, Coram, Court, Crowder, Fenberg, Fields, Garcia, Gardner, Guzman, Hill, Holbert, Jahn, Jones, Kagan, Kefalas, Kerr, Lambert, Lundberg, Marble, Merrifield, Moreno, Neville T., Priola, Scott, Smallwood, Sonnenberg, Tate, Todd, Williams A., Zenzinger, Grantham;

also REPRESENTATIVE(S) Hooton and Beckman, Arndt, Becker K., Benavidez, Bridges, Buck, Buckner, Carver, Catlin, Coleman, Danielson, Esgar, Everett, Exum, Foote, Ginal, Gray, Hamner, Hansen, Herod, Humphrey, Jackson, Kennedy, Kraft-Tharp, Landgraf, Lawrence, Lebsock, Leonard, Lewis, Liston, Lontine, Lundeen, McKean, Melton, Michaelson Jenet, Mitsch Bush, Navarro, Neville P., Nordberg, Pabon, Pettersen, Rankin, Ransom, Rosenthal, Saine, Salazar, Sias, Singer, Thurlow, Valdez, Van Winkle, Weissman, Willett, Williams D., Wilson, Winter, Wist, Young, Duran.

CONCERNING AWARENESS OF HEART DISEASE, AND, IN CONNECTION THEREWITH, DECLARING FEBRUARY 3, 2017, AS "NATIONAL WEAR RED DAY".

WHEREAS, Cardiovascular diseases kill one in three women in the United States, yet 80 percent of cardiovascular diseases are preventable; and

WHEREAS, Every 80 seconds in the United States a woman dies from a cardiovascular disease or stroke; and

WHEREAS, An estimated 44 million women in the United States are affected by cardiovascular diseases; and

WHEREAS, 90 percent of women have one or more factors for developing heart disease or stroke; and

WHEREAS, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else

were having a heart attack; and

WHEREAS, Only 36 percent of African American women and 34 percent of Hispanic women know that heart disease is their greatest health risk, compared to 65 percent of Caucasian women; and

WHEREAS, The American Heart Association's "Go Red For Women" movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, "Go Red For Women" encourages women to take control of their heart health by knowing and managing these five numbers:

- 1. Total Cholesterol;
- 2. HDL (Good) Cholesterol;
- 3. Blood Pressure;
- 4. Blood Sugar; and
- 5. Body Mass Index (BMI); and

WHEREAS, Women involved with the "Go Red For Women" movement live healthier lives; now, therefore,

Be It Resolved by the Senate of the Seventy-first General Assembly of the State of Colorado, the House of Representatives concurring herein:

That we, the General Assembly, in recognition of the importance of the ongoing fight against heart disease and stroke:

- (1) Proclaim Friday, February 3, 2017, to be "National Wear Red Day";
- (2) Urge all citizens to wear the color red to commemorate the day and show their support for women and the fight against cardiovascular diseases; and
- (3) Recognize that by increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

Be It Further Resolved, That copies of this Joint Resolution be sent to

the Denver and Colorado Springs chapters of the American Heart Association.

Kevin J. Grantham PRESIDENT OF

THE SENATE

SPEAKER OF THE HOUSE OF REPRESENTATIVES

Effie Ameen **SECRETARY OF**

THE SENATE

Marilyn Eddins

CHIEF CLERK OF THE HOUSE OF REPRESENTATIVES