

**Second Regular Session  
Seventy-fifth General Assembly  
STATE OF COLORADO**

**INTRODUCED**

LLS NO. 26-0341.02 Veronica Parish x2606

**SENATE BILL 26-060**

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**SENATE SPONSORSHIP**

**Pelton R. and Daugherty,**

**HOUSE SPONSORSHIP**

**(None),**

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**Senate Committees**  
Health & Human Services

**House Committees**

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**A BILL FOR AN ACT**

101     **CONCERNING INFORMATION ABOUT YOUTH ATHLETE MENTAL HEALTH**  
102             **TRAINING, AND, IN CONNECTION THEREWITH, REQUIRING**  
103             **MENTAL HEALTH TRAINING FOR YOUTH SPORTS COACHES AND**  
104             **REQUIRING THE COACHES TO NOTIFY PARENTS OF POSSIBLE**  
105             **MENTAL HEALTH RISKS ASSOCIATED WITH CONCUSSIONS.**

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**Bill Summary**

*(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at <http://leg.colorado.gov>.)*

The bill requires a coach of an organized youth athletic activity to take an annual mental health education course and inform parents or

Shading denotes HOUSE amendment. Double underlining denotes SENATE amendment.  
Capital letters or bold & italic numbers indicate new material to be added to existing law.  
Dashes through the words or numbers indicate deletions from existing law.

guardians of a youth athlete who sustains a concussion of possible changes in mental health as a result of a concussion.

The bill requires the concussion recognition education course for youth athletic coaches in middle, junior, and high schools to include information on the relationship between concussions and mental health.

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*Be it enacted by the General Assembly of the State of Colorado:*

**SECTION 1.** In Colorado Revised Statutes, **add** part 2 to article 43 of title 25 as follows:

PART 2

YOUTH ATHLETIC COACH

MENTAL HEALTH EDUCATION

**25-43-201. Short title.**

THE SHORT TITLE OF THIS PART 2 IS "ALYSSA'S YOUTH CONCUSSION MENTAL HEALTH PROTECTION ACT".

**25-43-202. Definitions.**

AS USED IN THIS PART 2, UNLESS THE CONTEXT OTHERWISE REQUIRES:

(1) "PUBLIC RECREATION FACILITY" HAS THE MEANING SET FORTH IN SECTION 25-43-102.

(2) "YOUTH ATHLETIC ACTIVITY" HAS THE MEANING SET FORTH IN SECTION 25-43-102.

**25-43-203. Organized school athletic activities - mental health guidelines required.**

(1) (a) EACH PUBLIC AND PRIVATE MIDDLE SCHOOL, JUNIOR HIGH SCHOOL, AND HIGH SCHOOL SHALL REQUIRE EACH COACH OF A YOUTH ATHLETIC ACTIVITY TO COMPLETE AN ANNUAL MENTAL HEALTH EDUCATION COURSE.

(b) EACH PRIVATE CLUB OR PUBLIC RECREATION FACILITY AND

1 EACH ATHLETIC LEAGUE THAT SPONSORS YOUTH ATHLETIC ACTIVITIES  
2 SHALL REQUIRE EACH COACH WITH WHOM A CLUB, FACILITY, OR LEAGUE  
3 DIRECTLY CONTRACTS WITH, FORMALLY ENGAGES, OR EMPLOYS TO COACH  
4 A YOUTH ATHLETIC ACTIVITY TO COMPLETE AN ANNUAL MENTAL HEALTH  
5 EDUCATION COURSE.

6 (2) (a) THE MENTAL HEALTH EDUCATION COURSE REQUIRED BY  
7 SUBSECTION (1) OF THIS SECTION MUST INCLUDE INFORMATION  
8 REGARDING THE FOLLOWING:

9 (I) A COACH'S IMPACT ON THE MENTAL HEALTH OF YOUTH  
10 ATHLETES;

11 (II) A WELLNESS FRAMEWORK FOR YOUTH ATHLETES;

12 (III) STRESS, ANXIETY DISORDERS, AND DEPRESSION;

13 (IV) TRAUMA;

14 (V) SUBSTANCE ABUSE;

15 (VI) SUICIDE PREVENTION; AND

16 (VII) THE EFFECTS OF CONCUSSIONS, INCLUDING, BUT NOT LIMITED  
17 TO, PSYCHOLOGICAL SYMPTOMS AND CHANGES IN MENTAL HEALTH THAT  
18 YOUTH ATHLETES MAY EXPERIENCE AS A RESULT OF A CONCUSSION.

19 (b) THE MENTAL HEALTH EDUCATION COURSE MAY BE HELD IN  
20 CONJUNCTION WITH THE CONCUSSION RECOGNITION EDUCATION COURSE  
21 REQUIRED PURSUANT TO SECTION 25-43-103 (1)(a).

22 (c) AN ORGANIZATION OR ASSOCIATION THAT A SCHOOL OR  
23 SCHOOL DISTRICT IS A MEMBER OF MAY DESIGNATE SPECIFIC EDUCATION  
24 COURSES AS SUFFICIENT TO MEET THE REQUIREMENTS DESCRIBED IN  
25 SUBSECTION (1) OF THIS SECTION.

26 (3) IF A YOUTH ATHLETE IS REMOVED FROM PLAY AND THEIR SIGNS  
27 AND SYMPTOMS CANNOT BE READILY EXPLAINED BY A CONDITION OTHER

1 THAN CONCUSSION, THE SCHOOL COACH OR THE CLUB'S, LEAGUE'S, OR  
2 PUBLIC RECREATION FACILITY'S DESIGNATED PERSONNEL SHALL NOTIFY  
3 THE ATHLETE'S PARENT OR LEGAL GUARDIAN OF POTENTIAL  
4 PSYCHOLOGICAL SYMPTOMS AND CHANGES IN MENTAL HEALTH THAT  
5 YOUTH ATHLETES MAY EXPERIENCE AS A RESULT OF A CONCUSSION.

6 (4) NOTHING IN THIS PART 2 ABROGATES OR LIMITS THE  
7 PROTECTIONS APPLICABLE TO PUBLIC ENTITIES AND PUBLIC EMPLOYEES  
8 ESTABLISHED PURSUANT TO THE "COLORADO GOVERNMENTAL IMMUNITY  
9 ACT", ARTICLE 10 OF TITLE 24; VOLUNTEERS AND BOARD MEMBERS AND  
10 NONPROFIT DIRECTORS, OFFICERS, AND TRUSTEES DESCRIBED PURSUANT  
11 TO SECTIONS 13-21-115.7 AND 13-21-116; OR SKI AREA OPERATORS  
12 PROTECTED PURSUANT TO SECTIONS 33-44-112 AND 33-44-113.

13 **SECTION 2.** In Colorado Revised Statutes, **amend** 25-43-101 as  
14 follows:

15 **25-43-101. Short title.**

16 This ~~article~~ PART 1 shall be known and may be cited as the "Jake  
17 Snakenberg Youth Concussion Act".

18 **SECTION 3.** In Colorado Revised Statutes, 25-43-102, **amend**  
19 the introductory portion as follows:

20 **25-43-102. Definitions.**

21 As used in this ~~article 43~~ PART 1, unless the context otherwise  
22 requires:

23 **SECTION 4.** In Colorado Revised Statutes, 25-43-103, **amend**  
24 (2)(a) introductory portion, (2)(a)(II), (2)(a)(III), and (5); and **add**  
25 (2)(a)(IV) as follows:

26 **25-43-103. Organized school athletic activities - concussion**  
27 **guidelines required.**

1           (2) (a) The concussion recognition education course required by  
2 subsection (1) of this section ~~shall~~ MUST include the following:

3           (II) The necessity of obtaining proper medical attention for a  
4 person suspected of having a concussion; ~~and~~

5           (III) Information on the nature and risk of concussions, including  
6 the danger of continuing to play after sustaining a concussion and the  
7 proper method of allowing a youth athlete who has sustained a concussion  
8 to return to athletic activity; AND

9           (IV) INFORMATION ON THE RELATIONSHIP BETWEEN CONCUSSIONS  
10 AND MENTAL HEALTH AND THE POSSIBLE EFFECTS ON THE MENTAL HEALTH  
11 OF A YOUTH ATHLETE WHO HAS SUSTAINED A CONCUSSION.

12           (5) Nothing in this ~~article~~ PART 1 abrogates or limits the  
13 protections applicable to public entities and public employees pursuant to  
14 the "Colorado Governmental Immunity Act", article 10 of title 24; ~~C.R.S.~~;  
15 volunteers and board members pursuant to sections 13-21-115.7 and  
16 13-21-116; ~~C.R.S.~~; or ski area operators pursuant to sections 33-44-112  
17 and 33-44-113. ~~C.R.S.~~

18           **SECTION 5. Act subject to petition - effective date.** This act  
19 takes effect at 12:01 a.m. on the day following the expiration of the  
20 ninety-day period after final adjournment of the general assembly (August  
21 12, 2026, if adjournment sine die is on May 13, 2026); except that, if a  
22 referendum petition is filed pursuant to section 1 (3) of article V of the  
23 state constitution against this act or an item, section, or part of this act  
24 within such period, then the act, item, section, or part will not take effect  
25 unless approved by the people at the general election to be held in  
26 November 2026 and, in such case, will take effect on the date of the  
27 official declaration of the vote thereon by the governor.